Olives, Zucchini and Cottage Cheese Omelet

Crep de Ketocal Relleno

RATIO 4.1

Ingredients:

- 40gr egg
- 100g pitted black olives
- 65g zucchini
- 20g cottage cheese
- 90g cucumber
- 20ml olive oil



Method:

- 1. Cut black olive and the zucchini in thin slices. Fry lightly in abundant oil and save.
- 2. Beat the eggs in a medium bowl, add the cottage cheese and in the end add spice with salt and pepper.
- 3. Cook the mixture.
- 4. Serve with the zucchini thin slices.