

# **COMMISSION ON ASIAN AND OCEANIAN AFFAIRS Newsletter No.3**

November 2014

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Byung-In Lee, Chair, CAOA, presenting the Asian & Oceanian Outstanding Achievement Epilepsy award to Maria Felicidad Soto

John Dunne received the Asian & Oceanian Outstanding Achievement Epilepsy award from Byung-In Lee



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# 10th AOEC report

The 10 the Asian Oceanian Epilepsy Congress was held in Singapore 7th to 10th August 2014. The Congress was attended by 1306 delegates from 48 countries. The programme covered a broad range of topics selected from recommendations across the region and featured eminent speakers from the region and around the world. A total of 400 abstracts were submitted from centres across Asia and Oceania and from as far as Russia and USA. The subjects ranged from cutting edge basic science to critical community and epidemiological work.

The opening ceremony was framed by videos highlighting the uniqueness of Singapore culture and diversity. An entertaining explanation of the conference logo by the Co-chair Prof Lim Shih Hui was followed by remarks by CAOA Chair Dr Lee Byung-In, Co-Chair IBE Dr Vinod Saxena, the ILAE President, Emilio Perucca, IBE President Athanasios Covanis and IBE Treasurer Robert Cole. The Asian and Oceanian Outstanding Achievement Epilepsy Awards and the Outstanding Persons with Epilepsy Awards were handed out to recipients from across the region.

ASEPA didactic lectures led off each day, underlining the educational mission component. Two excellent symposia on neuro imaging and structural and metabolic causes of epilepsy were followed by the Chairman's session on anticonvulsant tolerance and resistance. The Seino memorial lecture was delivered by Prof Samuel Berkovic, who shared his insights into the impact and future of genetics in epilepsy.

Main sessions ranged from the burden of epilepsy and neurostimulation in epilepsy to neurophysiological markers of the epileptogenic zone. The post-main and parallel sessions covered anticonvulsant cost, side effects and generics, psychiatry and mortality in epilepsy, epilepsy surgery in Asia, epilepsy in the elderly and children, seizures and epilepsy due to inflammation and infections and prospective therapies for epilepsy.

The Tournament of the Brainwaves was engaging and pitted teams from across the region against each other in friendly rivalry. Amongst the audience, unofficial groups also vied for the correct answers. The debate sessions on relevance of AED mechanism in epilepsy treatment and epilepsy surgery in non-lesional epilepsy were cordial and spirited.

A total of 5 satellite symposia were held, ranging from MEG to newer anticonvulsants to community initiatives in developing countries in the region.

The Chapter Convention, was well attended by member chapters as well as candidate chapters. Many business meetings were held, notably of the Commission of Asian and Oceanian Affairs, the meetings of the Western Pacific and South East Asian regions of the IBE and the ILAE committee.

Sessions on research for the region and Epinet were held to strengthen research and cooperation on epilepsy in the region.

Platform sessions were of good quality and many countries were represented. The posters filled the exhibition rooms to capacity and a wide range of topics were on display. From such a field of important and quality work, it was necessary to choose recipients for the Takadoro prize, which was awarded to two platforms and two posters.

The Epilepsy and Society Symposium saw 190 attendees from Singapore and across the region. Recognizing that epilepsy is a condition that impacts the entire family, a family rate was introduced to facilitate attendance of the entire family unit. Topics ranged from anticonvulsants to stigma at work and school, and the truth about reflexology and stem cell therapy for epilepsy as well as heartfelt sharing from people with epilepsy and caregivers. The symposium was rounded off with a Minifair. Booths showcased seizure first aid guidance, educational games stations, cognitive and behavioural strategies in epilepsy and videos from IBE groups around the region. Fun was also to be had, with balloon animals, a lucky dip, exercise station street artist and

back massage stations, funded by a generous grant from the Singapore Epilepsy Society and gifts from the Singapore Epilepsy Foundation. Volunteers from the Singapore General Hospital, KK Women's and Children's Hospital, Tan Tock Seng Hospital and Singapore Epilepsy Foundation generously donated their time and effort to make it an enriching experience for all.

Many opportunities for discussion and networking were made, friendships renewed and new acquaintances made. A highlight of the meeting was the evening of the 9th August. Delegates venturing to the quayside were treated to the fireworks display crowning Singapore's National Day celebrations.

# Annual report to ILAE (2013 -14)

#### The main activities of CAAE in 2013 & 2014:

- 1, National Conferences: (1), 5th CAAE International Epilepsy Forum (2013); (2), 4th CAAE National EEG & Neurophysiology Congress (Oct. 22 25 2014, Suzhou);
- 2, Training courses in collaboration with ASEPA (2-3 times a year);
- 3, On-web training and national examination of EEG technicians/doctors (Certificate);
- 4, "International Epilepsy Caring Day (June 28th)" celebrating in most of the provinces/cities: public education and volunteer patient consultation;
- 5, Preparing and publishing pilot issues of the "Chinese Journal of Epilepsy" in collaboration with Epilepsia;
- 6, Established sub-committees under the CAAE Board: (1),CAAE Youth Committee; (2), CAAE TSC Special Committee; (3), CAAE Epilepsy Center Promotion Committee; and (4) PWE's Sub-committee (as a branch of IBE). They all have had related activities, as "Go West" to support the part-time epileptologists working in areas of economically backward, which got good results.
- 7, Newly establishment of Shanxi & Shaanxi provincial associations against epilepsy, now totally 18 provinces has established provincial level epilepsy organizations;
- 8, Education programs in collaboration with other international NGOs/pharmaciutical companies: "Rainbow Bridge" (Project Hope, UCB); Dandelion Project (UCB); Liflihood Project (BasicNeeds); etc.
- 9, Technical support to the "National Epilepsy Prevention and Control Project in Riral area" (GCAE).

#### Summary of Activities in Relation to Global Campaign in 2013 and 2014

Till the end of 2013:

- 1, the project covers: 18 provinces; 135 project counties; 74.95 million population; 2414 township hospitals.
- 2, State Government's funding: The national project has been funded by the State government of 4 million CHY/yr (0.64 m USD), Starting in 2005 for 10 provinces; now in 18 provinces, funding increased to 15.15 million CHY/Yr (2.43 m USD)
- 3, Number of screened, confirmed, treated Patients: Screened, 181,706; Confirmed, 143,696; PHB treated, 82,943; VPA treated, 11,143; PHB + VPA, 2,297.
- 4, Training of public health workers: Provincial level, 1,196; County level, 22,870; Total, 24,066.

#### **Educational Activities**

- 1, Training courses in collaboration with ASEPA (2-3 times a year);
- 2, On-web training and national examination of EEG technicians/doctors (Certificate);
- 3, Public education on the IECD (June 28th);
- 4, Education programs in collaboration with other international NGOs/pharmaciutical companies: "Rainbow Bridge"

(Project Hope, UCB); Dandelion Project (UCB); Liflihood Project (BasicNeeds); etc.

#### Activites in conjuction with local IBE Affiliate

PWEs conference in collaboration with IBE during the 5th CAAE International Epilepsy Forum;

PWEs Summer Camp in "Rainbow Bridge" Project;

PWEs'education in different "Epilepsy Center"s.

#### **Future Plans**

- 1, Election of CAAE Board by the end of 2014;
- 2, Formally publication of (Chinese) Epilepsy Journal;
- 3, Another 2 4 provincial associations are going to be set up soon;
- 4, Continuing other education programs.

Report by Sep. 22 2014

Shichuo Li,

President of CAAE

# Statement of the International Bureau for Epilepsy (IBE) at the 65th Regional Committee of the WPR/WHO

Dr. LI Shichuo, President of the China Association against Epilepsy (CAAE) and Chairman of the ILAE/IBE Research Advocacy Task Force, as the representative of the International Bureau for Epilepsy (IBE), participated in the 65th WHO Western Pacific Regional Committee meeting (65th RCM), which was held in Manila, Philippines, October 13 - 17.

Dr. Li has made the statement of IBE in the meeting as follows:

#### Call for a WHO Western Pacific Strategic Action for Epilepsy

- 1. About 65,000,000 people suffer from epilepsy worldwide, a quarter (16,250,000) of whom live in Western Pacific Region. Epilepsy imposes enormous physical, psychological, social and economic burdens on individuals, families and countries, especially due to misunderstanding, fear and stigma.
- 2. Up to 90% of people with epilepsy are not properly diagnosed, nor do they receive appropriate treatment ("treatment gap"), especially in resource-poor countries. However, as shown in China's epilepsy control project in rural area, epilepsy care can be provided for less than \$25 per person with epilepsy per year, so that, if proper policies and action were taken by governments, epilepsy control would not be a large financial burden to member states.
- 3. The 66th World Health Assembly adopted the WHO's Comprehensive Mental Health Action Plan 2013-2020 in May 2013, which included actions for epilepsy control. In November 2012, the Pan American Health Organization (PAHO/WHO) approved a Strategic Plan on Epilepsy for the American continent, which gave an example of WHO regional action on epilepsy control.
- 4. Dr Shin Young-soo, Regional Director of WHOWPRO said in the Third SIDS meeting: "Fighting NCDs requires

a whole-of-government and whole-of-society approach". This may apply in setting up strategic actions for epilepsy control.

5. The time to act is **now** in the WHO Western Pacific Region, in order to set up a Strategic Action Plan for epilepsy control through coordinated efforts at country level designed to introduce and implement national epilepsy programs and services; to minimize the treatment gap by facilitating access to affordable medicines; and to establish awareness initiatives to educate the public about the nature of the disease and thereby remove stigmatization.













# **Obituary of Prof Yukio Fukuyama**

#### Yukio Fukuyama, MD

Member Since 1985 Tokyo, Japan Date of Death: July 17, 2014

Dr. Yukio Fukuyama passed away peacefully at his home on Thursday, July 17, 2014, despite having experienced a dramatic recovery from intracranial bleeding in the right putamen treated operatively in April 2012. He had decided to undergo surgery after receiving a full explanation, employing pictures, from the operating neurosurgeons, myself and a young college from our department. He was 86 years old. It is with great sadness that we announce this loss, the passing of a true pioneer in the field of pediatric neurology who chaired our Department of Pediatrics at Tokyo Women's Medical University, for a quarter of a century, teaching and mentoring young doctors and leading us into the 21<sup>st</sup> century. The depth and breadth of his accomplishments are a testament to his commitment to patients, their families, the university, his coworkers and advances in pediatric neurology worldwide. He will be sorely missed by friends and colleagues alike, thanks to his tireless efforts to advance Child Neurology, always based on his belief in "slow but steady, life is long" progress. His way of questioning students was both demanding and nurturing, as he guided students in figuring out facts on their own through the process of answering his questions. In this way, he inspired students to study more. He placed great importance on obtaining the clinical findings of each patient, as he dealt with them, by meticulously questioning them on medical history and the findings that can be obtained through our five senses. He thereby emphasized much more than the results of laboratory examinations. He was always striving to obtain a better quality of life for each patient that he cared for; he considered total care for patients to be of supreme importance. By leaving some mysteries of medicine unresolved when teaching, he was able to devise stimulating questions and promote lively and informative discussions at conferences and scientific meetings. He loved talking with young doctors and other colleagues during night-long social activities, fuelled by a little alcohol and good comradery. He had a mountain of literature in his home, which he managed with the help of his wife Ayako. His famous library was very impressive to the many people who visited his home. He and Ayako loved dogs, and they gave the name Fukutin (the designation of the Fukuyama type congenital muscular dystrophy gene) to one of their dogs. He had been concerned about the lack of global perspective of Japanese and Asian doctors and continued encouraging young doctors to be more international. Not only was Professor Fukuyama a life-long teacher and mentor, he was also a leader in the field of Pediatric Neurology throughout the world.

Dr. Fukuyama was bom in Miyazaki, Japan on 28 May, 1928. He completed his medical training at the Faculty of Medicine, University of Tokyo, 1948-1952. His internship was at the University of Tokyo Hospital, Tokyo, 1952-1953 and he completed a postgraduate course, at the Faculty of Medicine, University of Tokyo, Tokyo, 1954-1957. He obtained a PhD at the University of Tokyo, in 1957, and a Diploma of Medicine at the University of Tokyo, in 1959. He completed his training at the University of Tokyo under Professor TadaoTakatsu (1910-1974), professor Toshihiko Tokizane (1909-1973), and Professor Seturo Ebashi (1922-2006). Professors Tokizane and Ebashi helped him to identify Fukuyama type congenital muscular dystrophy in terms of creatine kinase and electromyographic data. His major fields of Interest have been in child neurology, with emphasis on pediatric epileptology, pediatric neuro-muscular disorders, clinical neurogenetics, and international relations. Professor Fukuyama presented a seminal paper entitled A PECULIAR FORM OF CONGENITAL PROGRESSIVE MUSCULAR DYSTROPHY (by Fukuyama Y, Kawazura M, Haruna H. Pediatria Universitatis Tokyo 1960; 4:5–8). The characteristics outlined were as follows: Early onset, usually before 9 months of age, Hypotonia and

weakness in early infancy, later development of muscle wasting and joint contractures; Involvement is diffuse and extensive but most prominent proximally, myopathic facial appearance nearly constant, pseudo-hypertrophy in half of cases. Thanks to the success of professor Ebashi, it became possible to measure serum creatine kinase in patients who had been thought have so-called cerebral palsy. Furthermore, Dr. Kawazura discovered that some patients had high serum creatine kinase values. These investigators also found, with Professor Tokizane 's support, that electromyographic patterns are not neurogenic. Fukuyama congenital muscular dystrophy is seen almost exclusively in Japan, where it is the second most common form of childhood muscular dystrophy (after Duchenne muscular dystrophy). Fukuyama congenital muscular dystrophy has an estimated incidence of 2 to 4 per 100,000 Japanese infants. (National Institutes of Health - Published: July 14, 2014) At the time of his passing, Professor Fukuyama had been eagerly anticipating assessment of the effectiveness of new treatments for Fukuyama congenital muscular dystrophy.

Professor Fukuyama held Honorary Memberships in the following Academic Societies: Honorary Chairman, Board of Trustees, Japanese Society of Child Neurology (since 1993) and Honorary President, Asian & Oceanian Child Neurology Association (since 1992). He was also an Honorary Member of the following societies: American Academy of Neurology (since 1990), American Neurological Association (since 1986), Canadian Child Neurology Society (since 1985), Child Neurology Society (US) (since 1986), European Paediatric Neurology Society (since 2005), International Child Neurology Association (since 2010), Japan Epilepsy Society (since 1998), Japan Pediatric Society (since 1999), Japanese Society of Neurology (since 2000), Japanese Society of Clinical Neurophysiology (since 1995), Japanese Society of Human Genetics (since 1999), Japan Teratology Society (since 1998) and the Philippine Child Neurology Society (since 2008). Professor Fukuyama received the following awards: Kimura Taro Prize, Japanese Epilepsy Association (1989), Frank Ford Lectureship Award, International Child Neurology Association (1992), Achievement Award, Japan Epilepsy Research Foundation (1993), Bronze Medal, Societa Italiana di Neuropediatria (1996.), Duchenne-Erb Prize, Deutsche Gesellschaft für Muskelkranke (1999), Achievement Award, Japanese Society of Human Genetics (1999), Achievement Grand Award, Japan Medical Association (1999), Lifetime Achievement Award, World Federation of Neurology (2002), International Henri Gastaut Prize, French Chapter of the ILAE (2003), The William G. Lennox Award, American Epilepsy Society (2004.), Ambassador For Epilepsy Award, ILAE/IBE (2007), The Asahi Award 2007, The Asahi Shimbun Cultural Foundation (2008), Achievement Grand Award, 2008, Japan Pediatric Society (2008), Special Recognition Award, Japanese Society of Child Neurology (2008.), The Order of the Sacred Treasure, Gold Rays with Neck Ribbon, The Cabinet Office, Japanese Government (2008.) and The First Japan Epilepsy Society Outstanding Achievement Award (2010).

Submitted by Makiko Osawa, MD, PhD.

President, Japan Epilepsy Society

Chairperson, Infantile Seizure Society

Professor Emeritus, Chairperson of Alumni Association, Department of Pediatrics, Tokyo Women's Medical University

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Originally presented in <a href="www.ilae.org/Visitors/Farewells/Fukuyama.dm">www.ilae.org/Visitors/Farewells/Fukuyama.dm</a> in longer format.

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608 words







8èmes Journées Françaises de l'Epilepsie, Toulouse, 2004



International Henri Gastaut Prize Lecture

Peculiarities of Epileptic Syndromes in Infancy in View of a Child Neurologist's Experience

Yukio Fukuyama, MD, PhD Emeritus Professor, Tokyo Women's Medical University, Tokyo, Japan

## ILAE/IBE Ambassador Award

過去40年間(1968-2007)、27回の授賞が行なわれ、 41カ国、257名が受賞した。

#### 日本人受賞者(年次順)

1978(第10回) 和田 豊治

1980(第12回) 秋元波留夫

1985(第16回) 清野 昌一

1999(第23回) 大田原俊輔

2007(第27回) 福山 幸夫

# **Indian Epilepsy Society Report**

Name of the Chapter : Indian Epilepsy Society

Publications : Epilepsy India, International Journal of Epilepsy

Meeting : Annual Conference of Indian Epilepsy Association & Indian

**Epilepsy Society** 

#### Summary of Activities in 2013 and 2014

International Journal of Epilepsy official publication has been launched.

The link http://www.sciencedirect.com/science/journal/22136320/1 to access all the articles of first issue in PDF AIMS & SCOPE

International Journal of Epilepsy (IJEP) is an international peer-reviewed journal of epilepsy and is published by the Indian Epilepsy Society.

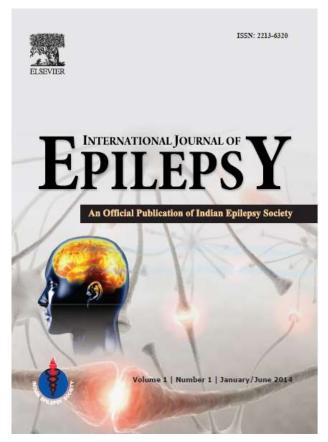
The Journal is published twice in a year by Elsevier, a division of Reed-Elsevier (India) Private Limited. It is circulated to all bonafide members of Indian Epilepsy Society (IES).

The IES has been involved with the daunting task of improving epilepsy care (to promote the better treatment and care, welfare and rehabilitation of persons suffering from Epilepsy) and epilepsy education for physicians globally. In continuation of this effort, the International Journal of Epilepsy has been launched with an aim to:

- 1. Disseminate knowledge concerning epilepsy globally
- 2. Provide latest updates on prevention, diagnosis, treatment and management of people with epilepsy
- 3. Promote and encourage research on epilepsy
- 4. Reflect the social and psychological burden and impact of epilepsy on people and society at large

IJEP publishes outstanding basic and clinical papers on all aspects of epilepsy. It is directed to neurologists, neurosurgeons, neuropsychiatrists, neuroradiologists, and general physicians involved in the research and treatment of a broad range of neurological disorders. The journal also aims to engage post-graduate students by featuring sections such as "Epilepsy Quiz" etc.

The Journal accepts original and review articles, case reports, and latest updates on society activities in the field of clinical neurology, neurosurgery, neuropsychiatry, neuropsychology, neurophysiology, neuropharmacology, and neuroimaging.



## **IES-8<sup>th</sup> EEG Workshop**

Indian Epilepsy Society -8<sup>th</sup> EEG Workshop was held at Janakpuri Super Speciality Hospital (An autonomous Post Graduate Institution), C-2/B, Janakpuri New Delhi, India from November 12-13 (Tuesday-Wednesday), 2013 under the aegis of Indian Epilepsy Society. Dr. Man Mohan Mehndiratta was the course organizer & Dr. Manjari Tripathi was the course Director for the 8<sup>th</sup> EEFG Workshop. We planned to restrict the registration to maximum to 60 but because of enthusiastic response we had to accept more registration and the total number of registered delegates were 113. This time we further enhanced the participation of faculty from all over India and we invited 37 national and International faculties for this EEG workshop.

There were a total of eight sessions with details as follows: Interesting Case Presentation with impact of EEG on the Diagnosis, Basics and Normal EEG, Evolution of EEG and Identifying Normal EEG, Value of EEG in Epilepsies & Emergency Situations, Pediatric Age group Symposium, EEG Quiz, Spot the Diagnosis: Videos and case presentation. All the presentations received from International and National faculty were converted into PDF format and written on DVD to save the cost of printing and Xeroxing.

This time also like last year we provided Wi-Fi facility to the delegates to access the speaker's PPT presentation & EEGs on their laptops, tablets and other mobile devices. We also made available facility of accessibility of presentation anywhere in the world. Another milestone like last year during EEG workshop was ASEPA-ASNA (ASEAN Neurological Association) was through objective pattern comprising of 150 Multiple Choice Questions covering various aspects of EEG and to be completed in three hours. The purpose of the EEG Certification examination is to establish and improve standards of training and professional practice of EEG in Asia joint EEG Certification examination (Part 1) for neurologist, neurology resident and EEG technologist. A total of 16 delegates registered for the examination and 15 appeared. The examination. Sixteen candidates were registered for this ASEPA part I exam and fifteen candidates appeared.



Figure 1. Inauguration ceremony: Lighting of lamp from Left to right are M.S. Gopinath, Meena Gupta, Manjari Tripathi, Satish Jain, John Stern, Man Mohan Mehndiratta, Lim Shih-Hui and Derrick Chan. Figure 2. Group photograph of EEG workshop participants



#### Indian Epilepsy School

The residential Indian Epilepsy School was organized jointly by Indian Epilepsy Society (IES) and Indian Academy of Neurology (IAN) under the aegis of Commission of Asian Oceanian Affairs (CAOA) and Asian Epilepsy Academy (ASEPA), International League Against Epilepsy and was held at Hotel Atrium, Surajkund, Faridabad (NCR) in a peaceful location from 13<sup>th</sup> November to 16 November, 2013 (Wednesday thru Saturday). **The theme of the school was "Enhancing Clinical acumen in Epilepsy Management"**.

We had 5 foreign faculty i.e. Professor Lim Shih-Hui (Singapore), Derrick Chan (Singapore), M.S. Gopinath (Australia), John Stem (UCLA) and S.B. Hong (South Korea) and 54 national as well as local faculty during Epilepsy School. Total 116 delegates from different parts of India, participated in Epilepsy School (Figure 1).

A total of fourteen sessions were held spread over four days of residential school. The details of sessions were as follows: Differential diagnosis of epilepsy-fits, faints & funny spells, Approach to a person with new onset epilepsy,

Epilepsy Video Presentation Quiz by faculty, Benign epilepsy syndromes, Treatment decisions, When to stop AEDs? Non-epileptic paroxysmal, Morbidity & mortality in epilepsy, Epilepsy surgery, Video and case presentations by the faculty and delegates.



Figure 1. Group Photograph of Participants of Epilepsy School

#### **Annual Epilepsy Conference 2014**

15<sup>th</sup> Annual conference of Indian Epilepsy Association and Indian Epilepsy Society was held in Kolkata on 31<sup>st</sup> January ,1<sup>st</sup> & 2<sup>nd</sup> February at the Taj Bengal. Pre conference workshop was held on 31<sup>st</sup> January and was attended by 250 participants. The theme was "Pediatric Epilepsy". In the Pre Lunch session topics on "Paroxysmal Non epileptic disorders in children" were discussed. Post lunch topics included "Epileptic encephalopathies". Dr F Dimario (USA), Dr Philippe Ryvlin (France), Dr Ulrich Stephani (Germany) Dr, Deb Pal (UK), Dr Rohit das (USA), Dr Vrajesh Udani (India), Dr Manjari Tripathi (India) and Dr P Satishchandra (India) presented their talks with case presentations which was well appreciated by the delegates and evoked good audience participation.



Ulrich Steffani giving his talk

#### Summary of Activities in Relation to Global Campaign in 2013 and 2014

Nominations for the Asian and Oceanian Outstanding Achievement Epilepsy Awards (AOEA) which was to be presented at the 10<sup>th</sup> Asian and Oceanian Epilepsy Congress in Singapore, August 2014 and from Indian Epilepsy

Society we proposed three names of Medical professional for the same i.e Drs. Sanjeev Thomas, V.V. Nadkami and H.V. Srinivas.

#### **Educational Activities**

Epilepsy Conclave was held in Goa on 12<sup>th</sup> & 13th July, 2014 under the aegis of Indian Epilepsy Society and Indian Epilepsy Association.







<u>IES – Phenobarbitone Drug status guidelines:</u> We had a very successful first meeting of the Advisory board on the 19th July 2014.

#### Advisory Board (Attendees)

Dr. Man Mohan Mehndiratta

Dr. Satish Jain

Dr. Manjari Tripathi

Dr. Sheffali Gulati

Dr. Sita Jayalakshmi

Dr. Parampreet Singh

Dr Atma Ram Bansal

Dr Suvasini Sharma

Dr Atam Preet Singh



#### Advantages of Phenobarbitone are:

- Easily available
- Broad spectrum drug
- longer half life
- more than 30 years of experience with the drug
- cost can be brought down to less than 1\$
- NICE recommends it as first line for neonatal or as adjunct in pediatric cases

The second Advisory Board meeting, to finalize the document, would be held in the first week of September 2014. The location and venue for the same will be decided and communicated in the coming few weeks.

#### International Journal of Epilepsy (IJEP):

The first Issue of IJEP has been launched. We have received 30 articles total number of articles out of 15 articles accepted, 02 articles withdrawn and 05 articles rejected and 08 articles are under review process.

#### Activites in conjuction with local IBE Affiliate

National Epilepsy Day on 17<sup>th</sup> November 2013 were jointly celebrated by Indian Epilepsy Society & Indian Epilepsy Association in all over India. We have organized various programs to aware the people of India about Epilepsy. **Ms. Shenaz Haveliwala** from India has received the award from IBE honours the outstanding person with epilepsy during the 10<sup>th</sup> Asian Oceanian Epilepsy Congress opening Ceremony.

#### **Future Plans**

#### **Annual Epilepsy Conference 2015**

16<sup>th</sup> Annual Joint conference of Indian Epilepsy Association (IEA) & Indian Epilepsy Society (IES) from 6th February-8th February, 2015 at Taj Coromandel, Chennai, India.

Report By : Dr. (Professor) Man Mohan Mehndiratta

Secretary-General Indian Epilepsy Society

# Report on Indian Epilepsy Society 9th Indian Epilepsy Society (IES) EEG Workshop 2014

Venue: Novotel & HICC Complex, (Near Hitec City), Cyberabad Post Office, Hyderabad - 81, India. 29th & 30th November 2014.

Accurate Electoencephalography (EEG) reading, and data and result interpretation requires good expertise and experience. As a continuous effort to foster and enhance neurological training, Indian Epilepsy Society (IES) organized the 9th IES EEG Workshop in association with Krishna Institute of Medical Sciences, Hyderabad and Pediatric Epilepsy Society Hyderabad. It was held at Novotel & HICC Complex (Near Hitec City), Cyberabad Post Office, Hyderabad - 81, India on 29th & 30th November 2014 (Saturday & Sunday). Dr. Sita Jayalakshmi was the workshop course organizer and Dr. Man Mohan Mehndiratta & Dr. Manjari Tripathi were the course Directors for the 9th IES EEG Workshop. We planned to restrict the registration to maximum to 80 but because of enthusiastic response we had to accept more registrations and the total number of registered delegates were 218.

General and Paediatric Neurologists and Epileptologists from all over India participated in this workshop and 24 renowned national and international faculties were specially invited for this EEG workshop. Chairman, Asian Epilepsy Academy (ASEPA), Dr. Lim Shih-Hui from Singapore also participated in this workshop. The theme of the workshop was 'Case Based Basics to Advanced EEG'. The course covered the basic elements of the practice of EEG and its application in the diagnosis and management of epilepsies and role of Video EEG, seizure semiology and ictal EEG in clinical practice. It included basic role of standard EEG in the diagnosis and management of epilepsy, discussion of role of EEG in various with a clinical perspective and the potential pitfalls. Emphasis was laid on practical aspects, including the basic EEG aspects, EEG reading, EEG monitoring in the ICUs, Video EEG during pre-surgical evaluation and intracranial monitoring. All the sessions were based on case discussions and emphasis was on practice oriented small group sessions.

The workshop was inaugurated by Dr. B.Bhaskaro, CEO of KIMS. It was followed by the PESH oration delivered by Dr. Lim Shih Hui on the topic 'Professionalism in Medicine'. Like last year, during the EEG workshop, ASEPA-ASNA (ASEAN Neurological Association) joint EEG Certification examination (Part 1) was held for neurologists, neurology residents and EEG technologists. The prime aim of this EEG Certification examination is to establish and improve standards of training and professional practice of EEG in Asian Oceanian region. A total of 16 delegates registered for the examination and 14 appeared. The pattern of this examination was objective type comprising of 150 Multiple Choice Questions to be completed in three hours. It covered various aspects of normal and abnormal EEGs and EEG recording techniques and instrumentation.

Hence IES continues to provide a platform for hands-on experience and theoretical and practical knowledge of reporting and interpreting EEGs under the guidance of experienced national and international Neurologists and Epileptologists.



Inauguration of the 9th IES EEG workshop at Hyderabad



Dr. Lim Shi Hui presented with PESH oration plaque, along with Dr. Alladi Venkatesh (President PESH), Dr. Man Mohan Mehndiratta (Secretary-General IES), Dr. B. Bhaskar Rao (CEO KIMS), Dr. S. Mohandas (HOD Neurology, KIMS) and Dr. MVR Reddy.

# Announcement of Japan Epilepsy Society Distinguished Service Award

Recipients of the 5<sup>th</sup> Japan Epilepsy Society Distinguished Service Award are announced below. A presentation ceremony took place on 2<sup>nd</sup> October 2014, at the 48<sup>th</sup> Congress of the Japan Epilepsy Society (Tokyo). Details of the Award are given below.

Recipients of the 5<sup>th</sup> Award were Tomokazu Hori, Kazuyoshi Watanabe, Kazuie linuma, and Sadatoshi Tsuji.



From the left: Naoki Akamatsu (representing Sadatoshi Tsuji), Kazuyoshi Watanabe, President Makiko Osawa, Tomokazu Hori, Kazuie Iinuma

#### Japan Epilepsy Society Distinguished Service Award

- 1. **Objective**: The Award is presented every year to honor members of the Japan Epilepsy Society who are recognized for their outstanding achievements through (1) medical and welfare activities for epilepsy, (2) educational activities for epilepsy, (3) social activities for epilepsy, and (4) activities in other disciplines.
- 2. **Candidates**: The nominees should be full members or honorary members of the Japan Epilepsy Society at the time of selection. There are no limits on age and personal history.
- 3. **Selection method**: Each board director of the Japan Epilepsy Society may nominate up to three persons using the designated form, and the awardees are decided by the Selection Committee, which is served by the Selection Committee for the Juhn and Mary Wada Prize.
- 4. **Number of awardees**: In principle, the number is limited to three every year.
- 5. **Presentation ceremony**: Each recipient will be presented a citation and a commemorating plaque at the Annual Congress of the Japan Epilepsy Society, and the event is published in the official journal "Tenkan Kenkyu".

# Report: ASEPA Epilepsy Syndrome Workshop and Visiting Professor Initiative

#### Jiamusi, Heilongjiang Province, China

21-27 August 2014

#### ASEPA Epilepsy Syndrome Workshop

This Epilepsy Syndrome workshop was organized jointly by ASEPA and the China Association Against Epilepsy (CAAE), and was held in Jiamusi on 21-22 August 2014. The faculty comprised Professor WeiPing Liao from China; Derrick Chan from Singapore; ChongTin Tan from Malaysia; and Ernie Somerville and John Dunne from Australia. The 2-day scientific program was planned and coordinated by John Dunne and WeiPing Liao, and employed the same framework as previously successful workshops.

This workshop is a continuation of a yearly ASEPA activity in China, where the general epileptology workshop is organized to help strengthen a regional epilepsy centre.

CAAE selected the Heilongjiang province as the location for the workshop, as it is a developing area and because Jiamusi is an important medical and neurology training centre, offering MBBS and Neurology training courses at master and doctorate levels – both to national and, since 2005, international students.

Heilongjiang province is located in northeastern China, adjoining Russia. It has a population of approximately 38 million people, mainly Han Chinese together with Manchu, Korean, Mongol and Hui groups. Heilongjiang's agriculture centres on soybeans, com, wheat, dairy and timber; and industry on petroleum, coal and minerals. The province was originally developed as an industrial centre by the Soviets and Japanese. Since the 1980's outdated industries have been replaced by expanding high-technology industrial development. It is an important gateway to trade with Russia.

Jiamusi is a prefecture-level city in eastern Heilongjiang province, with a population of 2,500,000, of whom 851,000 live in urban districts. The industrial sector in Jiamusi is relatively weak compared with other cities in Heilongjiang such as Harbin. However, Jiamusi University, founded in 1947, is a major national educational centre, and has over 18,000 full-time students.

We visited the Jiamusi Central Hospital, founded in 1950. It is a modern and comprehensive 3,000-bed teaching hospital, serving as a centre for medical education, research and patient care. 550,000 people are seen annually, with 53,000 admissions per year. It has a well developed and expanding neurology department, and in recent years an interest in epilepsy has emerged. Professor J Wang, our host, is head of the Epilepsy Center, that has a purpose-built 9-bed inpatient video-EEG monitoring unit and busy inpatient and outpatient services. During the visit, Dr Wang showed us her ASEPA EEG certificate displayed on the wall of the epilepsy center; she was among the first in China to pass the certification examination. She is a dynamic and very effective advocate for people with epilepsy.

There were ~120 delegates registered for the workshop some of who were from other provinces. Heilongjiang province has approximately 300 neurologists. WeiPing Liao brought several colleagues and students from Guangzhou to assist and act as translators. All slides and educational material were translated into Chinese before the workshop and were provided to the delegates. There was strong support for the workshop by the Neurology department and the local authority, and the Director of the Hospital and the deputy Mayor of Jiamusi hosted us for dinner.

#### Visiting Professor Initiative

This scheme involves one of the visiting workshop faculty staying on at the host centre for several days as visiting professor, and was

tried for the first time in Jiamusi. Ernie Somerville performed this role at the Jiamusi Central Hospital from 25-27 August. Ernie, in conjunction with Dr Wang and her staff, saw patients, advised on patient evaluation and treatment, including video-EEG and MRI, and gave further teaching lectures and tutorials. The benefits of this extension to the workshop included the opportunities for small group and individual interaction, and hands-on teaching with real cases. It also resulted in a greater understanding of the needs of the host institution and country. Hospital staff and students reported that the Visiting Professorship was an invaluable addition to the didactic Workshop. A Visiting Professorship immediately following the Workshop takes advantage of the personal relationship between hosts and visitors developed during the Workshop. This initiative is essentially cost-neutral, since the local organisers cover accommodation expenses for the extra three days and no airfares are required.

We believe that the workshop achieved the objectives of enhancing epilepsy knowledge in the Heilongjiang province of China, and of promoting further development of epilepsy at an important regional and national centre for neurology training.

Furthermore, the Visiting Professor initiative was an extremely valuable complement to the Workshop, as reported by Jiamusi staff, providing practical interactions and mentoring in clinical skills and in EEG.

Emie Somerville, ChongTin Tan, Derrick Chan, WeiPing Liao, John Dunne

# **ANZAN EEG Course and ESA Clinical Epilepsy Course and Travel Grants**

# Travel Grants Clinical Epilepsy Course – Friday 13th February 2015 EEG Course – Saturday 14th and Sunday 15th February 2015 University of New South Wales, Sydney, Australia

The Australian and New Zealand Association of Neurologists (ANZAN) and the Epilepsy Society of Australia (ESA) are offering travel grants to neurology trainees and neurologists who have completed their training within the last 5 years to attend the Annual EEG Course and Clinical Epilepsy Course in Sydney in February 2015.

The **Clinical Epilepsy Course** is a one-day, case-based workshop focusing on the practical management of paediatric and adult patients with epilepsy. Participants will discuss each case in small groups under the leadership of an epileptologist, followed by a short didactic summary by the presenter. The 2015 course will focus on common clinical problems faced by doctors working in hospitals.

The **EEG Course** provides a theoretical and practical background to the reading and reporting of routine adult and paediatric EEG. It is held over two days. The format consists of four 90 minute sessions each day, each starting with a 30 minute didactic lecture followed by a 60 minute, small group, active-participation tutorial where EEG samples will be demonstrated and discussed under the direction of an experienced EEG tutor. Topics include basic technical aspects of EEG, the normal awake and asleep EEG, and epileptiform and non-epileptiform abnormalities in adults and children. In 2015 the course will expand to include a lecture and tutorial session on EEG in the Intensive Care Unit. This will run in parallel with the main ANZAN EEG course and be available to neurology trainees who have previously attended the course or neurologists.

Travel grants will cover economy airfares (with a cap of \$A1500), accommodation for 3-4 nights (if required) and registration (which includes a number of meals); up to a total of \$A2500. Applicants will be asked to provide a quotation for their flights, with a cap of \$A1500. Prefer-ence will be given to those from resource-poor countries.

The ESA and ANZAN are grateful for the generous sponsorship provided once again by UCB. Information regarding the courses will be available soon at **www.epilepsy-society.org.au** and enquiries may be made to **EEG@seedevents.com.au** 



#### THE JAPAN EPILEPSY SOCIETY

### Japanese Declaration on Epilepsy September 30, 2013

Epilepsy is a well-known disease from ancient times, however people with epilepsy have many problems in their lives even today. Japan Epilepsy Association and Japan Epilepsy Society have been working together to get over these problems over the years. To encourage close liaison, there have been joint meetings from 2010. At the 8th joint meeting on September 1, 2013, the following Declaration on Epilepsy was adopted.

We declare every October to be a special month to focus on epilepsy in Japan.

We proclaim all people related to health care, organizations and policymakers the followings in order to solve global issues surrounding epilepsy:

- To place epilepsy on a top priority in medical policy.
- To establish a medical system for epilepsy and assure that people with epilepsy have access to modern and proper medical and health care.
- To promote social integration and eliminate discrimination against epilepsy in all spheres of life, especially work, school and mobility.
- To encourage educational activities for all people to understand epilepsy and thereby reduce stigma and prejudice.
- To provide experts and volunteers in the field of health care, education, and employment with appropriate training about epilepsy.
- To introduce appropriate legislation to protect the rights of all people with epilepsy.

To support and promote basic, clinical, psychological and social research on epilepsy in all areas including medicine, education, health and welfare, and employment.

Additional statements for a proper understanding of epilepsy:

- Epilepsy is one of the most common brain disorders, estimated to affect one million people, and 50 thousand people are diagnosed with epilepsy annually in Japan.
- Epilepsy occurs in all ages irrespective of gender. Especially infants and the elderly have a highest incidence.
- Since epilepsy is a chronic disease, it requires a long-term treatment and care.
- The prognosis of epilepsy varies: from seizure freedom to therapy resistance, with or without comorbidities.
- Although 70 to 80% of people with epilepsy could be seizure-free with appropriate treatment, many people do not receive such treatment due to inadequate medical system.

- Epilepsy can have serious physical, psychological, social and economical consequences for the afflicted and their families, but adequate countermeasures against such consequences are largely lacking:
  - Physical consequence includes risk of injury, fracture, and death.
  - Psychological consequence results from fear of seizure, lack of understanding and stigma of epilepsy.
  - Social consequence includes discriminations and restrictions in mobility, education, employment, and legal system.
  - Economical consequence includes financial burden on the patients, medical economy, and economic loss due to low employment.
- Optimal medical system, health care education and enlightenment activities may reduce the cost of epilepsy treatment.
- Research funding for prevention, diagnosis, treatment and psychosocial care of epilepsy is insufficient.

Keiji Tsurui President Japan Epilepsy Association

Makiko Osawa President Japan Epilepsy Society

# **Purple Day on 26 March**





#### 1> Purple day in the University of Tokyo

On 26 March 2014, over 30 participants (doctors, psychologists, medical technologists, occupational therapist) of Epilepsy board in University of Tokyo, wore Purple uniform or purple necktie and was putting something purple. And, we discussed about how to get rid of obstacle and stigma in patients with epilepsy.

We concluded that we should keep on educating not only people with epilepsy but also people without epilepsy.

#### 2> 2015 Purple day special events in Japan

Japanese medical specialists interested in Purple day, incubate the Purple day special events in Japan 2015. We are planning the events will held from 4 July to 5 2015.

The meeting to educate about epilepsy will be held in Sendai, Tokyo, Shizuoka, Nagoya.

In Tokyo meeting, specialists with epilepsy will present educational program and Japanese people with epilepsy will advocate their opinion with some special musical events.



2014 Purple day at Tohoku University

# **News from Taiwan Epilepsy Society**

The 4<sup>th</sup> Symposium of World Association of Chinese Epileptologists (WACE), hosted by Taiwan Epilepsy Society (TES), has taken place on 18th and 19th October 2014 at Ambassador Hotel, Kaohsiung, Taiwan. The aim of the WACE is to connect the most significant advancements in scientific research, epileptic treatment and surgery, and functional brain imaging. The conference is dedicated to bring together neurologists, neurosurgeons, pediatrists and scientists in order to improve the epilepsy therapy in Chinese and also in other ethnics. Furthermore, a network with many influential leaders from top epilepsy institutions around the world would be established and research in epilepsy can be facilitated.

Organized by the President of TES, Dr. Shang-Yeong Kwan, this symposium invited world-leading Chinese epileptologists around the world as guest speakers, including Professor Chong-Tin Tan (Chairman, Education Commission, ILAE; University of Malaysia, Malaysia), Professor Hung-Tzu Wen (Chief, epilepsy surgery program and vascular neurosurgeon of the Hospital das Clinicas, University of São Paulo, Brazil), Professor Wei-Ping Liao (Vice president, China Association Against Epilepsy; Guangzhou Medical College, China), Professor Xing-Zhou Liu (Jinan University School of Medicine, China), Professor Kheng-Seang Lim (University of Malaysia, Malaysia), Professor Paul A. Hwang (University of Toronto Epilepsy Research Program, Canada), Professor Michael Wong (Washington University School of Medicine, United States). From Taiwan, two outstanding scholars were also invited to deliver speech of their research: Professor Kuang-Lin Lin (Chang Gung Children Hospital, Taiwan) and Dr. Jin-Wu Tsai (National Yang-Ming University, Taiwan). Over the two-day conference, these extraordinary speakers presented a wide range of high quality scientific epilepsy research from many international groups.

The special highlight of the 4<sup>th</sup> WACE is the Global Youth Epilepsy Expert Meeting in which many young epileptologists were invited to present cases and intensive discussion was triggered on the conference. This is the first time for WACE to provide a stage for young clinicians and scientists to show their efforts to against epilepsy. This successfully inspired strong passion and great creativity of these rising starts on future epilepsy research.

The 1<sup>st</sup>WACE was held in Taipei in 1997 and initiated by professor Tai-Tong Wong who was President of TES at that time. The 2<sup>nd</sup> WACE was held in Hong Kong and the 3<sup>rd</sup> WACE was in Guangzhou, China. After the launch of the first symposium, WACE has successfully provided a platform to deepen the interactions and connections between worldwide Chinese epileptologists in the past 17 years. At present, WACE has been one of the most important academic events of epilepsy research in Taiwan, China, Malaysia, Singapore and the nearby countries in Asia. By the supports and enthusiasms from many international groups, this symposium is expected to having an increasing influence on the health and warfare of epileptic patients.













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# Commission on Asian and Oceanian Affairs (CAOA) 2009 - 2013

#### List of members & Office Bearers:

As of November, 2011, CAOA represents 19 chapters in the Asian and Oceanian region, including Australia, Bangladesh, China, Hong Kong, India, Indonesia, Japan, Korea, Malaysia, Mongolia, Nepal, New Zealand, Pakistan, Philippines, Singapore, Sri Lanka (formally accepted in September 1<sup>st</sup> at the 29<sup>th</sup> IEC in Rome), Taiwan, Thailand, and Vietnam.

Nomination and election of the CAOA 2009 - 2013 Office Bearers were carried out in the second quarter of 2009. New members of CAOA took office officially in July 2009 and then were joined by ex-officio members representing India (V Nadkami), Chair of CAOA-Research Task Force(P K wan) and Chair of Regional Committee of GCAE (E Somerville).

#### Table 1. Officers of CAOA(2009-2013)

Chairman Byung-In Lee (Korea)

Secretary John W Dunne (Australia)

Treasurer Jing-Jane Tsai (Taiwan)

Information Officer Sunao Kaneko (Japan)

Members Hasan Aziz (Pakistan)

Shi Chou Li (China)

Chong Tin Tan (Malaysia)

Shih-Hui Lim (Singapore)

Ex-Officio Tatsuya Tanaka (Japan, ILAE-First Vice President)

Vrushali Nadkami (India)

Task Forces

1. Research Task Force Patrick Kwan(Hong Kong)

2.Global Campaign Task Force Emest Somerville(Australia)

The Asian Epilepsy Academy (ASEPA) was formed in 2003, initially as the educational arm and now a sub-commission of CAOA. The composition of ASEPA is shown in Table 2.

# CAOA-Memberships for the term 2013-2017

Chair: Byung-In LEE (Korea)

Treasurer Leonor CABRAL-LIM(Philippines)
General Secretary Andrew BLEASEL(Australia)
Information Committee Sunao KANEKO(Japan)

Members: Man Mohan MEHNDIRATTA(India)

Kheng Seang LIM(Malaysia) Guoming LUAN(China)

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