

# **Indian Epilepsy Society**

2021-2022 Report

#### **CHAPTER OFFICERS**

Prof. Dr. Man Mohan Mehndiratta, President Prof. Manjari Tripathi, Secretary

Officer Election Date: August 2020



#### **ACTIVITIES AND ACCOMPLISHMENTS**

- The Indian Epilepsy Society (IES) was formed in 1997. It continues every year to meet its objectives:
  - Maintain the highest standard in the ethics and practice for the promoting of prevention, diagnosis, treatment, and care of all persons with epilepsy
  - Promote and encourage research concerning epilepsy
  - Improve education and dissemination of knowledge concerning epilepsy
  - Maintain a good liaison with the organization of lay people Indian Epilepsy Association (IEA)
- The IES offers annual EEG Workshops with an aim to train young doctors, nurses and technicians interested in care of epilepsy patients. The first few workshops were held in 2008 and 2009 at the AIIMS, New Delhi, and more such workshops are planned for other centers in India and neighboring countries. This year we organized the tenth workshop as an online EEG workshop (ongoing) this is a free course over five months every Wednesday.
- An epilepsy school is also held annually with rich participation from India and neighboring countries. This year it was held in Mahabalipuram 100 students of neurology attended.
- Online modules by the epilepsy surgery subsection and the pediatric neurology subsection were also organized in 2021-2022.
- The Guidelines for Epilepsy Management in India (GEMIND) that were released in October 2008 during the Annual Conference of the IES and IEA are being revised. The GEMIND are a milestone in the true sense and perhaps the first example of a national professional body formulating guidelines for a common disorder in India. The second set of updated guidelines/recommendations are expected to help improve medical decision making for the millions of people with epilepsy in India, mainly at a general physician level and is being updated this year.
- The IES also participated in the virtual AOEC, and members won many awards.

# **CHALLENGES FACED IN 2021 AND 2022**

Mostly related to COVID-19 restricting physical meetings



### **FUTURE PLANS FOR 2023**

The IES will continue to make efforts to organize educational activities for the benefit of the healthcare professionals and people with epilepsy, as well as activities to reduce knowledge gap among physicians and neurologists in epilepsy. The chapter is growing, with members who actively contribute their share towards achieving the common goal to "bring epilepsy out of the shadows" and controlling epilepsy reducing stigma.

# **MEETINGS**

The annual conference jointly organized by IES-IEA was held in Tiruvantapuram, Kerela in 2022.

Report submitted by Manjari Tripathi