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## President's Message

## President's Message

2021 was an unprecedented year in many ways. As we continued with another year of the pandemic, it left us with the realization that we wound need to find ways to coexist with SARS-CoV2 and the changes it wrought. We adapted, innovated, and persisted as our educational efforts continued as all-virtual gatherings. Twelve months, three congresses, 21 webinars, and more than 300 Zoom meetings later, the year ended with many unknowns, but a great deal of hope.

This report is a summary of our time and effort in 2021 as a global team of hundreds of volunteers and staff.

Thanks to all of you for your dedication.


# COVID-19: Research and Initiatives 

## COVID-19: Research and Initiatives

As we entered the second year of the pandemic, we continued our efforts to provide information about COVID-19 and the vaccines through the website and social media. A full one-third of pageviews on our website went to COVID-19 pages, and 6 of the top 10 most-visited pages were focused on the virus and the vaccines.

With the International Federation of Clinical Neurology, we published a joint consensus statement on the importance of access to epilepsy monitoring units during the pandemic. The ILAE COVID-19 Task Force published manuscripts on the impact of the pandemic on epilepsy research, and a joint manuscript (with the Telemedicine Task Force) on epilepsy care during the pandemic.

The Task Force awarded its second round of research awards on COVID-19 and epilepsy, to researchers in Latin America, North America, Europe, and Asia-Oceania.

President Helen Cross delivered a statement on behalf of people with epilepsy at the special session of the World Health Assembly that focused on COVID-19. She reported that $33 \%$ of people with epilepsy were not able to access medication during the initial wave of the pandemic, and that $25 \%$ of people with epilepsy reported increased seizure frequency during the pandemic. President Cross advocated for greater attention to including essential epilepsy treatment in pandemic preparedness, as well as increased investment in telehealth.


> ILAE Statement at the Special session of World Health Assembly, 29 November to 1 December 2021@llaeWeb

## Strategic Plan

## Strategic Plan

A series of retreats in 2020 culminated in a new version of ILAE's Strategic Plan in 2021. The plan is meant to provide direction until 2030.
The strategy includes five goals:
. Serve health professionals as the premier international resource for current and emerging standards and best practices
. Support health professionals worldwide to enhance their knowledge and skills in the prevention, diagnosis, treatment, and care of epilepsy
. Advocate for epilepsy as a public health imperative
. Promote research and innovation for epilepsy
. Ensure the long-term financial and organizational viability of ILAE
Guiding principles and three cross-cutting areas - events \& congresses, communications, and publications - support these goals.
Although the aspiration is for the Strategic Plan to remain a guiding document for the next decade, multiple drivers of change make it likely that we will regularly review and refresh it as necessary.


## Strategic Plan

## GOAL 01 Standards and Best Practice

GOAL 02
Professional Education and Development

| 1.1 Systematically build and maintain a body of knowledge for best |
| :--- |
| practice in epileptology | | 1.2 Articulate international standards of practice for the prevention, |
| :--- |
| diagnosis and treatment of epilepsy and addressing co-morbidities |

2.1 Provide world-wide, accessible education and skill development for the prevention, diagnosis, and treatment of epilepsy
2.2 Achieve and maintain globally recognized status as an accrediting body for Continuing Professional Development and Medical Education in the field of epilepsy
2.3 Enhance professional leadership competencies through education, coaching and mentorship

GOAL 03
Advocacy
3.1 Determine needs and priorities in epilepsy care, education and research globally
3.2 Interact with stakeholders and governments to promote epilepsy care, education and research as a core components of universal health coverage
3.3 Work in partnership with stakeholders, including people with epilepsy, to address stigma, exclusion and discrimination

Cross Cutting: Events and Congresses
E1 Provide in person and virtual opportunities to develop consensus on best practice and promote guidelines and standards

E2 Provide in person and virtual opportunities to share professional experiences and build professional support

E3 Provide in person and virtual opportunities to promote messages, and build capacities and connections to support global advocacy

Cross Cutting: Publications

P1 Maintain the position of ILAE journals as leading authoritative sources for dissemination of knowledge, international evidence-based guidelines and standards

P2 Continue to build the educational content of ILAE journals

Cross Cutting: Communications

C1 Use media, social media and the ILAE websites to promote standards, guidelines and best practice

C2 Use media, social media and the ILAE websites to promote educational activities and events, and to enhance learning

C3 Use media, social media and the ILAE websites to increase the visibility of ILAE activities as well as articulate needs and advocate for appropriate action

P3 Continue to utilize ILAE journals to increase visibility of ILAE activities as well as articulate needs and advocate for appropriate action

## Strategic Plan

## GOAL 04 <br> Organizational <br> and Financial Viability

## GOAL 05 <br> Research and Innovation

| 4.1 Strengthen engagement and participation by health professionals in ILAE activities and governance | 5.1 Facilitate scientific and research collaborations, including in low resource settings |
| :---: | :---: |
| 4.2 Ensure effective and efficient management of ILAE activities and resources | 5.2 Develop and promote ethical and scientifically robust methodologies to support research in epileptology |
| 4.3 Ensure effective financial management including expansion and diversification of income generation and funding | 5.3 Embrace digital transformation and support the incorporation of relevant innovations into clinical practice |
| Cross Cutting: Events and Congresses |  |
| E4 Ensure financial viability of in person and virtual events whilst ensuring high quality, active participation and global reach | E5 Provide in person and virtual opportunities for networking, sharing of research and innovative and forward leaning discussion |
| Cross Cutting: Publications |  |
| P4 Continue to utilize Epigraph and Newsletter to strengthen internal communication within the ILAE and across the membership | P5 Support translation and implementation of research advances through open access publication of rigorous basic and clinical research |
| Cross Cutting: Communications |  |
| C4 Use of social media and the ILAE websites to raise awareness about ILAE activities, enhance networking and strengthen our sense of community | C5 Use of media, social media and the ILAE websites to promote research and innovation and to support digital transformation |



## Global Advocacy



Draft Intersectoral Global Action Plan on Epilepsy and Other Neurological Disorders (IGAP)
In November 2020, the Seventy-third World Health Assembly (WHA) adopted resolution WHA 73.10 on Global actions on epilepsy and other neurological disorders to develop an Intersectoral global action plan on epilepsy and other neurological disorders (IGAP) in consultation with Member States. The action plan will address the challenges and gaps in providing care and services for people with epilepsy and other neurological disorders that exist worldwide and ensure a comprehensive, coordinated response across sectors.

ILAE and IBE jointly advocated for a 90-80-70 cascade target for epilepsy to be included in the IGAP to inspire a decade of action and achieve meaningful improvements in care and treatment for all of the 50 million plus people who live with epilepsy globally.

The WHO Secretariat prepared a revised draft of the Intersectoral global action plan on epilepsy and other neurological disorders (EB150/7 Annex 7) that was submitted for review at the 150th session of the Executive Board in January 2022. The ILAE position statement given at the session commended the inclusion of Target 5.1 addressing epilepsy services and Target 5.2 tackling discrimination, remarking that epilepsy is highly treatable - and both stigma and exclusion are preventable. ILAE noted that all ten target areas in the draft IGAP are relevant to epilepsy and recommended that all use the phrase 'epilepsy and other neurological disorders' to align with Resolution WHA 73.10.

Contents@llaeWeb $\square$ www.ilae.org/reports


## Organization \& Structure

## ILAE Executive Committee <br> 2021-2025



Ghaieb Aljandeel
Chair, LAE East
Mediterranean


Edward Bertram
Secretary General


Alla Guekht
Treasurer


Matthew Walker
Chair, ILAE Europe


Mario Vanegas Chair, ILAE Latin America


Roberto Caraballo
Vice President


Jaideep Kapur Jaideep Kapur


Sam Wiebe
Past President


Ingmar Blümcke Chair, Education Counci


Eugen Trinka Strategic Advisor


Jean Gotman


Julie Hall Executive Director
 Nathalie Jette
Chair Standards \& Best Practice Council


Jo Wilmshurst Chair, ILAE Africa
 IBE Secretary General

## Organization \& Structure

## ILAE Councils

Councils are oversight and coordinating entities with a specific purpose, based on functions defined by the League's Mission and Strategic Plan. They are "standing" (ongoing) entities responsible for long and short-term planning, for policy review, and for recommending a course of action to the Executive Committee.

Congress Council enhances the quality, relevance and profile of ILAE congresses, steps needed to stay abreast of technical and educational advances in congresses, and financial sustainability of ILAE congresses.

Education Council formulates strategies to enhance the quality, relevance and profile of ILAE educational activities, steps needed to stay abreast of technical and educational advances, and regarding financial sustainability of ILAE education activities

Global Advocacy Council formulates strategies to enhance the quality, relevance, and profile of ILAE global advocacy activities, steps needed to stay abreast of needs and opportunities for Global and Regional Advocacy initiatives, and prioritization of activities.

Publication Council recommends strategies to enhance the quality, relevance, and profile of ILAE publications, staying abreast of technical and publishing innovations, maintaining financial sustainability of ILAE publications, guiding policy for ILAE guidelines, recommendations, position papers and other reports.

Standards and Best Practice Council was recently created with the aim of overviewing all aspects of ILAE's work on the development, effective dissemination and efforts at implementing clinical practice guidelines and best practices standards in epilepsy. The Council is currently recruiting volunteers for its task forces.

## Organization \& Structure

## Commissions and Task Forces

Each of the 13 commissions has multiple task forces.
What commissions and task forces do:

- Organize and present sessions at congresses
. Formulate consensus statements and clinical practice guidelines
- Collaborate with other professional organizations, as well as governmental agencies
. Develop statements of current practice and systematic reviews
. Prepare and deliver teaching courses
. Conduct international surveys and report on the results


## Commissions:

. Big data (new)
. Career Development (new)

- Climate Change
. Diagnostic Methods
- Epidemiology
. Genetics
. ILAE-Lancet Neurology
- Medical Therapies
. Neurobiology
- Pediatrics
- Psychiatry
- Surgical Therapies
. Terminology


## Selected commission accomplishments in 2021:

. Published a consensus statement about the importance of access to epilepsy monitoring units during the COVID-19 pandemic (Diagnostic Methods)
. In collaboration with 4EU+ University Alliance, prepared the International Elective Course On the Pathogenesis of Epilepsy (Neurobiology)
. Completed a systematic review of the current literature on the global cost of epilepsy, including methods for estimating the cost of epilepsy, as well as global and regional estimates of the cost of epilepsy. Results were reported at the 2021 International Epilepsy Congress (Epidemiology)
. Expanding website information and planning to collaborate on an epidemiological and ethnobotanical study of natural epilepsy treatment in Rwanda (Medical Therapies)

- Developing genetic literacy papers on familial focal epilepsies, genetic counseling, selflimiting familial epilepsy syndromes and SUDEP. An associated website allows readers to assess their knowledge after reading (Genetics)
.Published results of an international survey investigating barriers to psychological treatment in people with epilepsy (Medical


## ILAE Epilepsy Project database meeting

## Organization \& structure

## Selected ILAE publications:

ILAE's task forces, commissions, councils, and chapters publish guidelines, reports, and research on all aspects of epilepsy

Standard procedures for the diagnostic pathway of sleep-related epilepsies and comorbid sleep disorders: an EAN, ESRS and ILAEEurope consensus review
Nobili L et al, European Journal of Neurology
Automated seizure detection using wearable devices: A clinical practice guideline of the International League Against Epilepsy and the International Federation of Clinical Neurophysiology
Beniczky S et al., Epilepsia
FDA safety warning on the cardiac effects of lamotrigine: An advisory from the Ad Hoc ILAE/AES Task Force
French JA et al., Epilepsia Open
Importance of access to epilepsy monitoring units during the COVID-19 pandemic: Consensus statement of the International League against epilepsy and the International Federation of Clinical Neurophysiology
Beniczky S et al., Epileptic Disorders
ILAE Neuroimaging Task Force Highlight: harnessing optimized
imaging protocols for drug-resistant childhood epilepsy
Larivière S et al., Epileptic Disorders
Epilepsy care during the COVID-19 pandemic (Task forces on COVID-19 and telemedicine) Cross JH et al., Epilepsia

Use of suggestive seizure manipulation methods in the investigation of patients with possible psychogenic nonepileptic seizures-An
international ILAE survey
(PNES Task Force)
Gras A/Wardrope A et al., Epilepsia Open
The initial impact of the SARS-CoV-2 pandemic on epilepsy research (COVID-19 Task Force)
Volkers N et al., Epilepsia Open
Managing depression and anxiety in people with epilepsy: A survey of epilepsy health professionals by the ILAE
Psychology Task Force
Gandy M et al., Epilepsia Open
The ILAE classification of seizures and the epilepsies: Modification for seizures in the neonate. Position paper by the ILAE Task Force on Neonatal Seizures
Pressler RM et al., Epilepsia

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## Organization \& Structure

## ILAE Staff and Support



Registration Officer
 Administrative Assistant, US


Director of Finance


Oliver Gubbay Managing Editor, Epileptic Disorders

##  <br> Gwen O'Brien

 Administrative Assistant, Ireland

Denis McEvoy Congress Director


Cecelia Hartsell Program Manager, Congress \& Events



Priscilla Shisler Director of Engagement \& Education


Kathryn Hodgson Program \& Partner Development Manager
 Congress Development Manager
 Managing Editor, Epilepsia ® \& $^{2}$

Epilepsia Open®


Andrea Hunt Program Manager, Congress \& Events
 Digital and Design Officer AE Academy Consultan


Alma Paéz Lynch Program Manager Congress \& Event


Siobháin Shannon Program Manager, Congress \& Events


Communications Manager

## Education \& Training

## Education \＆Training

Education is a primary focus for ILAE，as we aim to bring knowledge and expertise in epilepsy to expertise in epilepsy to health professionals around the world．

In 2021，ILAE built on its progress from previous years，growing the online ILAE Academy in anticipation of a 2022 release of Level 2 content，the proficiency level in epileptology．Work continues on a teaching curriculum in epileptology for primary care physicians．

In other educational areas，ILAE reviewed 14 endorsement requests for international teaching activities，and endorsed 9 of them．Educational webinar series continued around the world in multiple languages，attracting thousands of viewers．

## ILAE Academy

The ILAE Academy enjoyed its first full year online．The first phase of the program provides training to non－specialist health care providers through case－based modules，histopathology tutorials，microlearning sessions and other opportunities．

In late 2021，the Academy began a migration to an upgraded learning platform．A phased launch is planned for 2022 with the platform supporting both Level 1 （non－specialist）and Level 2 （specialist）training，as well as the tutored VIREPA courses．

Since its launch in 2020，the Academy has recorded more than 1 million views and attracted more than 2,000 active users from 62 countries．The Academy has issued 5,925 certificates for e－learning module completion．User surveys show that the program is reaching a diverse range of professionals who often have little prior experience in epileptology or access to on－site training．

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## Education \& Training

## VIREPA

ILAE's VIRtual EPilepsy Academy (VIREPA) began as an initiative of the Commission on European Affairs and was formally incorporated into ILAE educational activities in 2009. VIREPA offers sixmonth, practice-oriented courses primarily intended for specialist clinicians, with some courses being appropriate for basic scientists.

Participant evaluations are consistently and overwhelmingly positive regarding new knowledge gained and the relevance of the courses to professional practice.



## Primary-care physician education

This year, ILAE released an online survey to assess the need for a teaching curriculum for primary care providers. It received nearly 800 responses, and the results indicated an unmet need for this type of education. An ILAE task force developed a teaching curriculum for primary care in epileptology, following the ILAE curriculum established in 2019. The draft curriculum has been reviewed by a large group of ILAE leaders.

## Education \& Training

## Webinars

The Africa and Eastern Mediterranean regions of ILAE hosted 21 webinars in 2021 that attracted more than 2,600 viewers altogether. Webinars were hosted in both French and English and attendees joined in from across the globe.

## Topics included:

- Post-traumatic epilepsy
. Vaccinations and epilepsy
. Epilepsy stigma in the Eastern Mediterranean region
. Sleep and epilepsy
- The gut biome and epilepsy
- Epilepsy surgery in children




## e-Forum series planned for 2022

ILAE has planned a four-session educational e-Forum series that will take place in 2022. Each session features experts covering a topic in depth, as well as time for Q\&A:
. Rescue medications for seizures and status epilepticus
. Cannabinoids
Drug interactions
Selecting the first anti-seizure medication
These are free events that include access to a preparatory manuscript, registration for the virtual forum, a post-forum virtual networking session, and access to a self-paced virtual case study to consolidate learning.@llaeWeb
www.ilae.org/reports

## Publications \& Communication

## Journals



## Epilepsia

Impact factor of 5.866
Ranked \#32 of 208 journals in the Clinical Neurology category

1 in 4 submissions was accepted for publication
3.02 million article downloads in 2021, an $8 \%$ increase from 2020


## Epilepsia Open

The journal's first official impact factor is expected in 2022, but it has been listed with a tentative twoyear impact factor of 3.5

Submissions increased 23\% in 2021, and the number of published articles increased by 79\%
$78 \%$ of published articles were original research
185,200 article downloads in 2021, a $50 \%$ increase from 2020


## Epileptic Disorders

Impact factor increased to 1.819 , from 1.276 in 2020

Submissions increased 61\%
Number of downloads and homepage visits nearly doubled, compared with 2020

The journal is gaining a reputation as an important educational resource


## Epigraph

21 articles and podcast episodes, many in multiple languages (English, Spanish, French)

More than 75,000 visits to Epigraph pages on the ILAE website

Since Summer 2018, more than 90 Epigraph articles have been posted on Newswise, a news distribution service for journalists and the interested public. The articles have received more than 660,000 views.

## Podcast



## Sharp Waves

The ILAE podcast, available on all major podcast platforms, was officially launched in November 2021 and covers clinical, research, and sociocultural issues in epilepsy.

## Website


www.ilae.org
Site visits more than doubled in 2021, compared with 2020 , with 1.27 million visits and 984,000 unique visitors. Page views increased by $62 \%$, with 2.22 million pages viewed in 2021 .

About 57\% of this year's traffic was to COVID-19-related pages, compared with $16 \%$ in 2020. Traffic to other pages also increased.

## Wikipedia



Wikipedia Project
In 2021, edits were made to 30 Wikipedia articles, and ILAE created a "Wikipedian in Residence" position, as well as an internship aimed at young contributors.

## Social Media



## Success at a Glance



# Congresses 

-4 October 2022 | Colombia
\#LAEC2022
Leark more is

ILME AIBE
epilepsy

## Consresses

The ILAE held three virtual congresses this year: the Latin American Epilepsy Congress in February, the Asian-Oceanian Epilepsy Congress in June, and the International Epilepsy Congress in August.

About 4,000 people attended one or more of these congresses, and feedback was overwhelmingly positive! In addition, sponsorship was maintained at about $80 \%$ of what would be expected from in-person congresses.

Registration fees were reduced to account for the virtual nature of the congresses, as well as to improve access for professionals in resourceconstrained settings.

Even with this reduction and all congress costs - direct, indirect, and legacy - the year still ended with a small surplus.
In 2021, ILAE was able to:
. Finalize a set of congress guidelines
. Agree to five congress models to explore further as a means of expanding our offerings to better meet the needs of different regions
. Develop a clear budget framework and process for budget approvals and contract reviews
. Introduce a project management system to improve planning, analysis and oversight
. Understand the key risks and opportunities through the development of a congress risk register
. Agree on the type of virtual attendance we hope to achieve in hybrid congresses
. Investigate different virtual platforms for fully virtual and hybrid congresses and develop selection criteria
. Begin to understand better what our stakeholders wish from congresses and areas for development

- Establish better coordination of our congress promotion and marketing activities and expand use of social media and other digital technologies

Latin American Epilepsy Congress 2021
300 attendees from 20 countries and 3 ILAE regions

## ( ( ) IL/ K AIBE

epilepsy congress

Asian-Oceanian Epilepsy Congress 2021
635 attendees from 40 countries and
5 ILAE regions

International Epilepsy Congress 2021
2,300 attendees from 109 countries and all 6 ILAE regionsDr. Danielle Andrade Epileptologist ©DrDaniAndrade . Sep 1, 2021 Will soon be talking at the (online) \#1EC2021 about \#genetics HEpilepsy and $\#$ intellectual disability

Dennis Lal © LealDennis - Aug 29,2021
As a "basic" scientist interested
As a "basic" scientist interested in genetics, epilepsy and data esium ... a great pleasurue to observe that at the \#1EC2021 these research areas are
now unavaidable topics in many of the basic sciencel Monday, we will topics in many of the basic science $\&$ clinical sessions.

Rhys Thomas ©Dr Rhys - Aug 30,2021
Join us now \#1FCC2021
Join us now \#1IEC2021 tor 'the future of the epilepsies' where with the same aim, helping people with $\#$ Hepiliepsy ©uc ©Mecia

Pablo Casillas-Espinosa MD, PhD @PabloCasillasE1 - Aug 31, 2021 Pablo Casillas-Espinosa MD, PhD @PabloCasillasE1. AU 31,2021 ...
ond minutes to go to hear our last tyesill AE career development session how to revise and get that paper published! With Dimitriti Kullman ©Newrotrash and ©diegoim25Boris Bernhardt ©BorisBernhardt - Sep 1, 2021
Our H1EC 2021 elllaeWeb session on epilipsy connectomics has just begur Hear the great perspectives on epilepsy networks from ©saratheriver
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Neha Dietitian ©NehaDietitian • Jun 10, 2021
$\qquad$ ay 11th duee 10:00 1 IT Audience members will vote for the lLAE--VES Best Presenter Award $\bigvee$
(6.) Dr. Mohd. Farooq Shaikh ©MdFarooq Shalkh . Jun 12. 2021 What a great eyesll AE networking session during \#AOEC2021 Thanks to my co-hotst Daichi Sone
Thanks ©drastrannaneroro Shivanil Thanks ©drassannanneuro Shivani, Johnny, Izumi, De Wang and special
thanks to Prof. KS Lim. thanks to Pro
WinanWah
The Epilepsy Society of Australia @EpliepySocAus • Jun 12,202 5) Looking forward to hearing from Dr Ewan Nurse on seizure torecasting a the \#AOEC2021 QSe \#AOEC2021

Nurturing Leaders

## Nurturing Leaders

A crucial part of ILAE's engagement activities revolve around younger members - the next generation of international epilepsy leaders and experts.

Our Leadership Development Program, started in 2015, gives younger members a unique opportunity to receive leadership training, guidance and support in conjunction with attending one of ILAE's congresses. Each program accepts about 30 people.

In 2017, we established the ILAE Mentor/Mentee Program, matching trainees with mentors in their area of clinical or research interest.

In 2018, the ILAE Young Epilepsy Section (YES) held an organizational meeting in London, attracting interested members from around the world. Since then, YES has grown to more than 800 members and established national chapters in several countries.

## Nurturing Leaders

Officers and representatives of the Young Epilepsy Section (YES)


Yamile Calle-López Chair


Cristina Ruedell Reschke Treasurer


Sebastián Ortiz-De la Rosa
Vice Chair


Marian Galovic Past Chair

Pablo Casillas-Espinosa Secretary

## Regional representatives



Naluca Mwendaweli Africa


Ajay Asranna Asia \& Oceania


Reem Alyoubi Eastern Mediterranean


Luca de Palma Europe


Diego Jimenez-Jimenez Latin America


Ruta $\mathbf{N}$ Yardi North America

## Nurturing Leaders

## 2021 Accomplishments

In 2021, YES continued the webinar project initiated at the onset of the pandemic in 2020. The group produced 16 webinars on diverse topics, including the ketogenic diet, strategies for epilepsy advocacy, anxiety in people with epilepsy, neuroepidemiology and interpreting intracranial recordings. Overall, YES has produced more than 40 educational webinars that have attracted more than 17,000 views.

YES has formalized a procedure for establishing national chapters affiliated with ILAE chapters. This provides an opportunity to focus on local issues that cannot be adequately addressed at an international level. Several chapters have organized or coorganized conferences aimed at young people in their regions.

## Other educational initiatives:

Educational pocket cards - concise reviews of subjects of interest, such as anti-seizure medications or managing epilepsy in pregnant women

Several members have begun involvement with the ILAE podcast Sharp Waves, receiving training in how to prepare for and conduct interviews with clinicians and researchers about hot topics in epilepsy

Collaboration with EEG Talk, a USA-based account on social media that aims to make EEG education more accessible
Collaboration with Epilepsy Sparks, a UK-based advocacy organization; YES members are interviewed for the organization's podcast, allowing them to showcase their research, discuss their careers, and talk about concerns specific to their regions@llaeWeb

## Financials

## Financials



Administration Publications Academy Commissions Congresses Other Programs

## Guiding Principles

## Guiding Principles

ILAE is working toward a world where no person's life is limited by epilepsy.
Everything we do aligns with this vision, which is supported by a 10 -year Strategic Plan and five guiding principles:



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To read full versions of annual reports from councils, commissions, and the Executive Committee, visit our

