



INTERNATIONAL
NEUROLOGICAL
KETOGENIC SOCIETY



The International League Against Epilepsy Presents

Online Symposium

KETOGENIC DIET FOR CHILDREN WITH EPILEPSY

Hosted by

The Department of Child Health

Faculty of Medicine Universitas Indonesia - Dr. Cipto Mangunkusumo Hospital

And Supported by

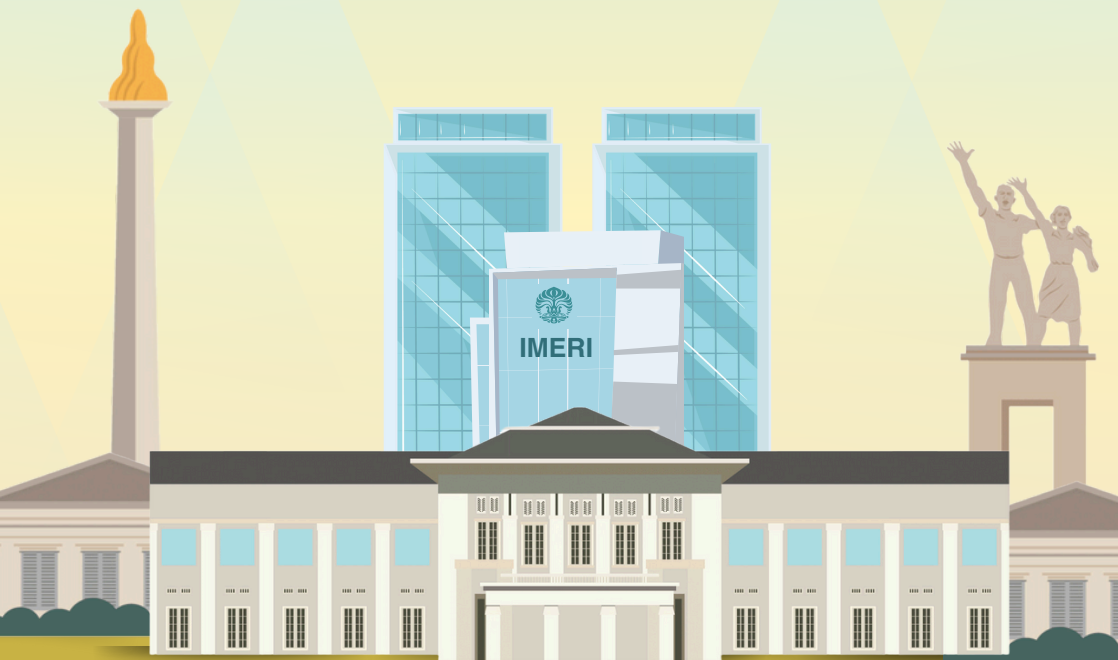
The Indonesian Pediatric Society (DKI Jakarta Branch) &

The International Neurological Ketogenic Society

Jakarta, 13-14 July 2024



Auditorium 1 & 2, The Indonesian Medical Education & Research Institute (IMERI)
Faculty of Medicine - Universitas Indonesia, Jakarta, Indonesia



Welcoming Remarks



Ketogenic Diet for Children with Epilepsy Jakarta, 13-14 July 2024

Dear respected colleagues,

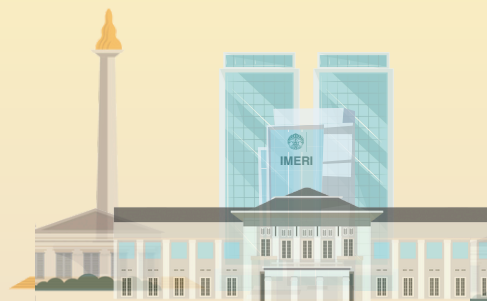
We are delighted to welcome you to our first International Hybrid Symposiums and Workshop of Ketogenic Diet for Children with Epilepsy. It is our honor and privilege to collaborate with the International League Against Epilepsy (ILAE) and The International Neurological Ketogenic Society (INKS), and to host this breakthrough program, which will be held in 13th-14th of July, 2024 in Jakarta, Indonesia.

Our program presents you with two days hybrid symposiums and one-day offline interactive workshop. The committee has worked immensely to bring together this symposiums and workshop that highlights the multidisciplinary approach of ketogenic diet as part of the treatment of children with epilepsy from the renowned international and national experts. We strive to share the practical aspects in the hopes to be implemented in patient care in the participants' respective regions.

The online symposiums will be broadcasted internationally, and the offline venue will be at the Indonesian Medical Education & Research Institute (IMERI) of the Faculty of Medicine Universitas Indonesia, which located in Central Jakarta, at the heart of Jakarta, with great access to shopping centers, hotels, and museums.

We look forward to seeing you very soon.

Irawan Mangunatmadja
Chairman



Organizing Committee

Steering committee

Professor Ari Fahrial Syam, MD, PhD, MMB, FINASIM, FACP
Supriyanto Dharmoredjo, MD, FINACS
Fatima Safira Alatas, MD, PhD
Professor Rismala Dewi, MD, PhD
Putri Maharani T. M., MD, PhD
Professor Aryono Hendarto, MD, PhD, MPH
Bernie Endyarni Medise, MD, PhD, MPH
Titis Prawitasari, MD, PhD

Chairman

Professor Irawan Mangunatmadja, MD, PhD

Vice Chairman

Setyo Handryastuti, MD, PhD

Secretary

Amanda Soebadi, MD, MMed(Clin Neurophysiol)

Treasurer

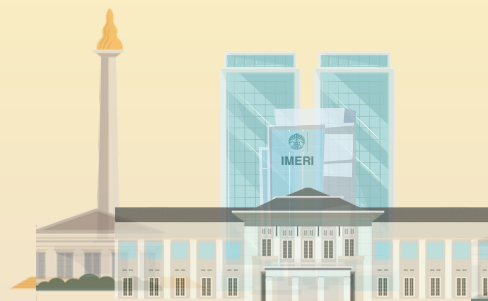
Titis Prawitasari, MD, PhD

Members

Yoga Devaera, MD
Cut Nurul Hafifah, MD
Achmad Rafli, MD
Dara Ninggar Santoso, MD, MMed(Clin Epi)

Secretariat

Indri Nethalia
Ririn Widyastuti
Harjanto
Ludy Arfan
Fanny Alhakim
Siti Sucihati
Nurul Aini



Speakers and Facilitators

International Speakers:



Janak Nathan, MD
(India)

Member of ILAE Task Force
for Dietary Therapies



Sumitha Murugesu, MD
(Malaysia)



Dt. Nur Sakinah Ibrahim
(Malaysia)



Dt. Sonal V. Bailur
(India)

Speakers from Indonesia:

Pediatric Neurology Consultants:



Prof. Irawan
Mangunatmadja, MD, PhD



Setyo
Handryastuti, MD, PhD



Amanda Soebadi, MD,
MMed(Clin Neurophysiol)



Achmad Rafli, MD

Pediatric Nutrition & Metabolic Diseases Consultants:



Yoga Devaera, MD



Cut Nurul Hafifah, MD

Pediatric Dietitian-Nutritionists:



Lora Sri Nofi, PGNutr,
MNutrDiet, RD



Suci Fitrianti, S.Gz, RD



Arieq Ratnawati, S.Gz



Schedule

Day 1 (Saturday, 13 July 2024)

07.30 - 08.00 Registration
08.00 - 08.15 Opening

Session 1

Moderator: Prof. Aryono Hendaro, MD, PhD

08.15 - 08.40 *Ketogenic Diet in Children with Epilepsy: The Indonesian Experience*
Achmad Rafli, MD

08.40 - 09.05 *Nutrition Concern in Children with Ketogenic Diet*
Yoga Devaera, MD

09.05 - 09.30 *Diet Therapy for Children with Intractable Epilepsy: The Indonesian Experience*
Lora Sri Nofi, PGNutr, MNutrDiet, RD

09.30 - 10.30 *Introduction & Mechanism of Action of Ketogenic Diet in Epilepsy*
Janak Nathan, MD

10.30 - 11.30 *Ketogenic Diet for Infants and Children*
Sumitha Murugesu, MD

11.30 - 11.45 *Ketogenic Diet for Adolescents and Adults*
Janak Nathan, MD

11.45 - 12.00 *Side-effects and monitoring in KD*
Janak Nathan, MD

12.00 - 12.10 Q & A
12.10 - 01.00 PM Lunch

Session 2

Moderator: Amanda Soebadi, MD, MMed(Clin Neurophysiol)

01.00 - 01.40 PM *Ketogenic Diet Therapy in Emergency Situations (Status, FIRES, NORSE, Other Systemic Illnesses)*
Sumitha Murugesu, MD

01.40 - 02.10 PM *Menu Options for Children with Intractable Epilepsy: The Indonesian Experience*
Lora Sri Nofi, PGNutr, MNutrDiet, RD

02.10 - 02.40 PM *Nutrient Supplementation and Concomitant Medication for Comorbidities*
Sumitha Murugesu, MD

02.40 - 03.10 PM *Ketogenic Diet for GLUT1, PDH and Mitochondrial Epilepsy*
Sumitha Murugesu, MD

03.10 - 03.20 PM Q & A and coffee break

03.20 - 04.00 PM *Autism and Epilepsy the Interface - Role of Ketones and Its Mechanism of Action*
Janak Nathan, MD

04.00 - 04.20 PM *Practical Aspects of Dietary Therapies in Autism Spectrum Disorder*
Dt. Sonal V. Bailur

04.20 - 04.30 PM Q & A



Schedule

Day 2 (Sunday, 14 July 2024)

Session 3

Moderator: Titis Prawitasari, MD, PhD

09.00 - 09.30

Initiation of Diet Therapy
Dt. Sonal V. Bailur

09.30 - 10.00

Classical Ketogenic Diet: Calculation, examples and experience
Dt. Sonal V. Bailur

10.00 - 10.30

Low-carbohydrate Diets, MCT, Modified Atkins Diet & LGIT
Dt. Nur Sakinah Ibrahim

10.30 - 10.45

Q & A and coffee break

10.45 - 11.15

Tube feeding, Blenderized diet and Parenteral diet
Dt. Nur Sakinah Ibrahim

11.15 - 11.45

Fine Tuning, Switching and Weaning Diets
Dt. Sonal V. Bailur

11.45 - 12.15

Strategies to Improve Compliance in Delivery of Ketogenic Diet
Dt. Nur Sakinah Ibrahim

12.15 - 01.00 PM

Q & A and lunch

01.00 - 01.10 PM

Closing

01.00 - 03.00 PM

Workshop Ketogenic Diet with Indonesian Menu for Children with Epilepsy (Offline Only)

1. Ketogenic diet in children with epilepsy for pediatric neurology consultants

Prof. Irawan Mangunatmadja, MD PhD
Setyo Handryastuti, MD, PhD
Amanda Soebadi, MD, MMed(Clin Neurophysiol)
Achmad Rafli, MD

2. Ketogenic diet in children with epilepsy for pediatric nutrition & metabolic consultants

Yoga Devaera, MD
Titis Prawitasari, MD, PhD
Cut Nurul Hafifah, MD

3. Ketogenic diet in children with epilepsy for pediatric dietitian/nutritionists

Lora Sri Nofi, PGNutr, MNutrDiet, RD
Suci Fitrianti, S.Gz, RD
Ariek Ratnawati, S.Gz

03.00 - 04.00 PM

Plenary (comprehensive case discussion – all fasilitators)

04.00 - 04.15 PM

Closing

Contact or inquiries: kdforepilepsylae.id@gmail.com

This Online Symposium is Free for All Members of ILAE & International Participants

Link to register:

<https://bit.ly/KetogenicIndonesia2024>

