

# ILAE CAIRO – Ketogenic Diet WORKSHOP

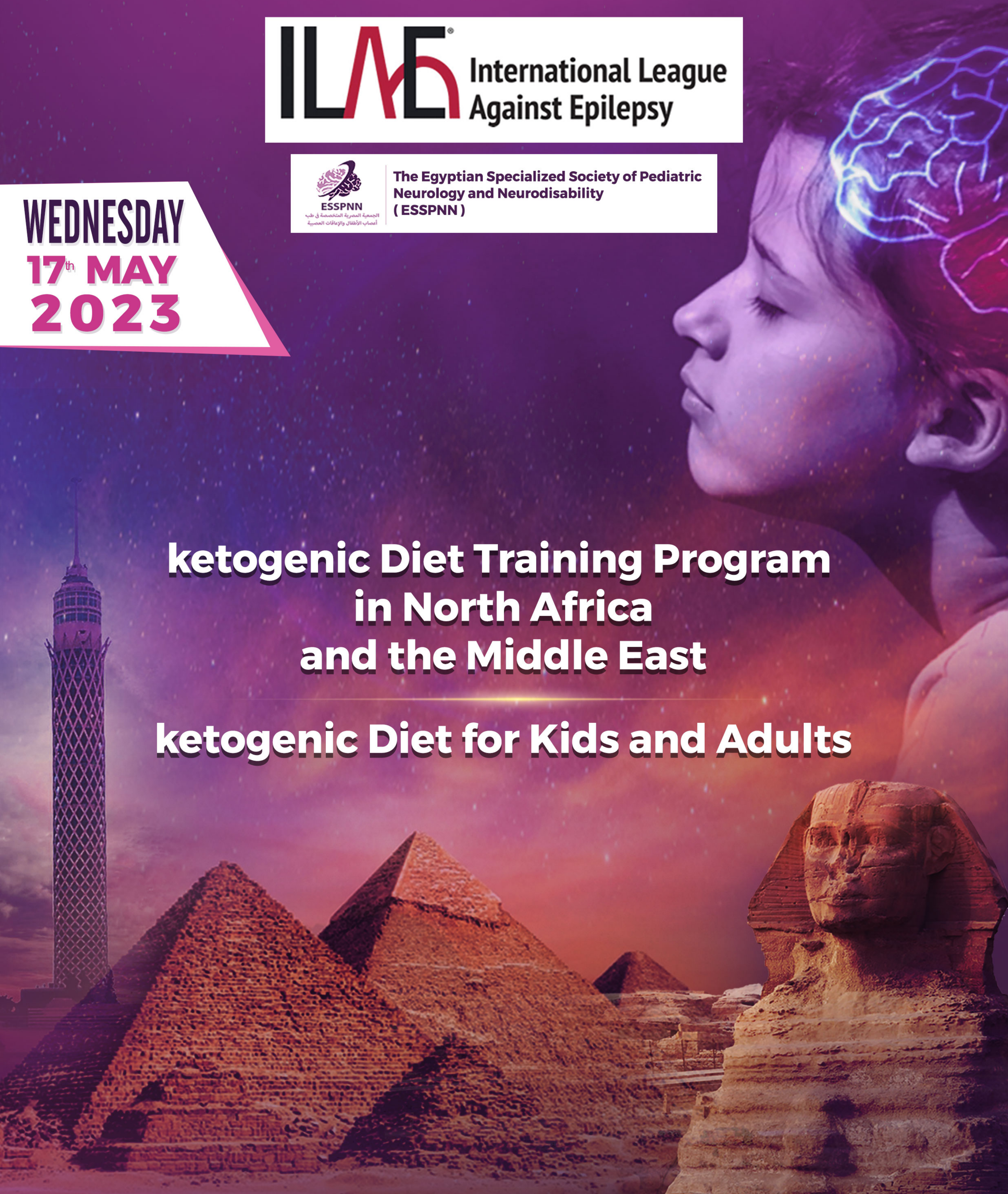


The Egyptian Specialized Society of Pediatric  
Neurology and Neurodisability  
(ESSPNN)

**WEDNESDAY**  
**17<sup>th</sup> MAY**  
**2023**

**ketogenic Diet Training Program  
in North Africa  
and the Middle East**

**ketogenic Diet for Kids and Adults**





# ILAE CAIRO – Ketogenic Diet WORKSHOP

**17<sup>TH</sup> MAY, 2023** | Training & Development Center - Ain Shams University

## ILAE CAIRO – KETOGENIC WORKSHOP

08:30 – 09:00 AM

### REGISTRATION

09:00 – 09:10 AM

### Welcome Message

### SESSION 1

Moderator: Prof. Dr. Janak Nathan

09:10 – 09:40 AM

**Prof. Sanaa Youssef**

Introduction to KD

09:40 – 10:10 AM

**Prof. Omnia El Rashidy**

KD in Epileptic Children

10:10 – 10:40 AM

**Prof. May Nassar**

Ketogenic diet choice

10:40 – 11:10 AM

**Dr. Anita Devlin**

KD in Specific Metabolic and Epilepsy Syndromes

11:10 – 11:40 AM

**Prof. May Nassar**

Initiation of KD, Monitoring & Withdrawal

11:40 – 12:00 PM

**Assistant Prof. Yassmin Gamal**

Practical Example of Applying KD

12:00 – 12:15 PM

### Q and A

12:15 – 12:40 PM

Coffee Break





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### SESSION 2 Moderator: Prof. Dr. Omnia El Rashidy

12:40 – 01:10 PM

**Prof. Janak Nathan**

K.D in Adolescents and Adults

01:10 – 01:40 PM

**Miss. Sonal Vivekanand Bailur**

Fine-tuning in Ketogenic Diet Therapy

01:40 – 02:00 PM

**Assistant Prof. Marwa Hosny**

Managing Side effects and Pediatric Emergencies in KD

02:00 – 02:20 PM

**Assistant Prof. Yassmin Gamal**

Keto diet in Special Situations

02:30 – 02:45 PM

**Q and A**

02:45 – 03:00 PM

**Coffee Break** 

### SESSION 3 Moderator: Prof. Dr. May Nassar

03:00 – 04:00 PM

**Dr. Basma AbdelNaser**

**Dr. Haya Essam**

Hands on Calculations / Keto-Calculator

04:00 – 04:15 PM

**Closure and Photo**



**ORGANIZED BY**  
CCG for Conferences Organizing



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