

ILAE-Eastern Mediterranean Region

Members

Chair

Chahnez Charfi Triki (Tunisia)

Members

Abdulaziz Ashkanani (Kuwait), Secretary

Reda Ouazzani (Morocco), Treasurer

Hassan Hosny (Egypt), Past Chair

Fatemah Abdulla (Bahrain)

Ghaieb Aljandeel (Iraq)

Boulenouar Mesraoua (Qatar)



Chahnez Charfi Triki

Management Committee Liaison

Emilio Perucca (Italy), MC Liaison

The ILAE-East Mediterranean Region (ILAE-EMR) was launched in 2004 and includes 16 countries from North Africa, Asia and the East side of the Mediterranean region.

Aims

The global objective of ILAE-EMR is to improve the management of people with epilepsy. To reach this objective, ILAE-EMR defined specific objectives:

- Promote epilepsy education
- Promote research on epilepsy
- Improve involvement of chapters

Strategic Goals

The ILAE-EMR strategic goals were defined as follow:

1. To collect data form EMR region
2. To promote epilepsy awareness
3. To conduct training in epilepsy and strengthen the education activities in the EMR
4. To promote research activities in our region
5. To increase the membership from our region

Executive board meetings:

- Seven Zoom meetings
- Due to COVID pandemic all our meetings in 2020 were held remotely via Zoom

ILAE-EMR Chair's Overview

It is my privilege to share with you this report of our activity for the year 2020. This year was marked by the COVID pandemic and all face-to-face activities or meeting were cancelled or held remotely. To continue our education activities during this year, we launched the ILAE-EMR monthly webinar series.

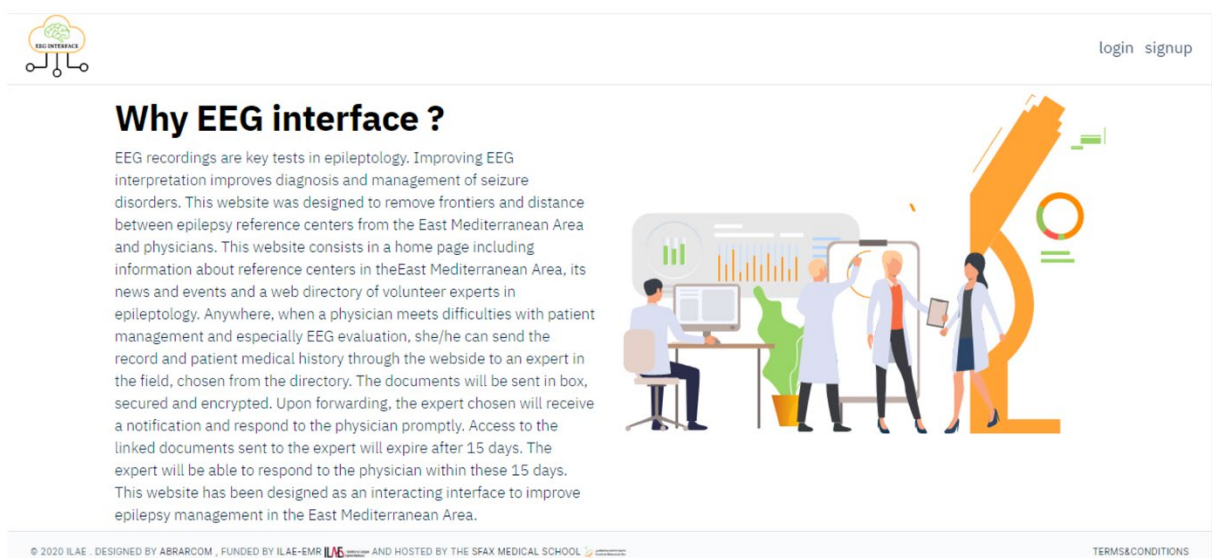
We are proud to share with you the results of these activities and especially our vision to improve their medical and social impact on our region and how to ensure their sustainability and development. We hope that during 2021 we can continue our education, research activities and hope that more chapters will join us.

ILAE-EMR educational webinars on epilepsy:

This educational program was launched in August 2020. Because the countries of North Africa are French-speaking and those in other regions are English-speaking, we decided to have two courses per month, one in English and one in French, each with two speakers. The speakers were from the region and international. these webinars were an opportunity for the doctors of the region to have continuous training, to involve young people and above all to improve the visibility of the ILAE in the region. The participants came from all regions of the ILAE. (See [Schedule of French webinars](#)-- and – [Schedule of English webinars](#))

EEG interface

We are proud to introduce a new EEG tool to improve EEG reading for young EMR neurologists /physicians, by enlisting the help of international EEG experts within the EMR and from elsewhere with the objective of improving the interpretation of EEG recordings and, ultimately, the management of patients with epilepsy and other neurological disorders in our region. This easy-to-use website will remove geographic barriers between neurologists and EEG experts in the EMR. Information on how to use the new EEG tool, how to find EEG reference centers, together with the EEG expert web directory as well as epilepsy news and events, will be displayed in the EEG website (<http://eeg.devsfax.org>). The patient's clinical data and the EEG to be examined can be sent to the EEG expert in a secure manner.



The screenshot displays the EEG interface website. At the top left is the EEG INTERFAX logo, and at the top right are 'login' and 'signup' links. The main heading is 'Why EEG interface?'. Below it, the text explains that EEG recordings are key tests in epileptology and that the website was designed to remove geographical barriers between reference centers and physicians. It details the process of sending patient data to an expert for evaluation and receiving a response within 15 days. An illustration on the right shows a doctor at a computer, a patient, and a large EEG waveform. At the bottom, a footer contains copyright information: '© 2020 ILAE. DESIGNED BY ABRARCOM, FUNDED BY ILAE-EMR ILAE AND HOSTED BY THE SFAX MEDICAL SCHOOL' and a 'TERMS&CONDITIONS' link.

Fellowships, visiting teacher programs

Unfortunately these two program were postponed for 2021 due to the COVID pandemic.

We are planned to conduct all these activities in 2021 and in order to facilitate the process for all these regional activities we set up an internal bylaws and guidelines for all activities (Book work).

Submitted by Chahnez Charfi Triki