

Report of Workshop of ALADE in EEG and Video-EEG  
30 April 2013

Organizer: Latin-American Commission of ILAE and Chapter of Cuban League of Epilepsy

Coordinating: Prof. Dra. Elza Marcia Yacubian\* and Prof. Dra. Lilia Morales Chacón\*\*

\* President of ALADE of the Latin American Commission of ILAE

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Sponsors:

- Latin American Commission on Epilepsy, ILAE
- ALADE, Latin American Commission on Epilepsy, ILAE
- Chapter of Cuban League of Epilepsy

Considering that the system of health in Cuba is organized in form piramidal from primary care, a second level and third level and in the last two there are neurologists and in the third level epileptologists, we believe that it would be essential to provide the tools for the diagnosis of epilepsy to general neurologists and specialists in epilepsy.

The conference was organized as a classroom course, in "International Center of Neurologic Restoration" (CIREN), with free but compulsory registration, with a total of 10 hours of teaching in one day. In agreement with the Health authorities of Cuba, each participant authorized to participate in the course and with complete attendance would receive a legal certificate to be included in the physician's training curriculum. On the other hand, each participant received a DVD "EEG de las Epilepsias" with all the materials presented in each class.

There was an enrollment of 90 participants, but admission was declined to about 50 applicants due to lack of space in the physical location of the event, the main Auditorium in CIREN. The daily presence of the students, their interest and active participation in the seminars was remarkable.

At end of the course, we used to make a balance among all participants and we asked to answer anonymously, free criticisms and comments of the conference. There was a very positive outlook and the initiative was highly valued, noting that most of them had already participated in 2012 an ALADE Course on Semiology of the Epileptic Seizures to which the Course on EEG/Video-EEG would be complementar. They rated as highly likely the possibility to implement in their daily practice what they had learned. They emphasized the importance of having received diagnostic tools protocols, as well as the educational value that used "clinical cases".

In summary, we considered this course a very valuable experience. It demonstrated that it is essential to consider the importance to have knowledge in EEG and Video-EEG for diagnosis in epilepsy considered basic aspects to this challenged situation.

We suggest repeating this experience in other countries, attracting the audience of general neurologists in each congress of Neurology.

Following is a summary of the Course Program and faculty participants.

Monday April 30:

Coordinator: Dr. Elza Marcia Yacubian (Univ. Federal de Sao Paulo, Sao Paulo, Brasil)

Teaching staff: Dr. Elza Marcia Yacubian, Dr. Otto Trapaga Quincoses (Univ. La Havana, Cuba), Dra. Lilia Morales Chacón (Univ. La Havana, Cuba), Dra. Liane Aguilar Fabre (Univ. La Havana, Cuba), Dra. Valia Rodriguez (Univ. La Havana, Cuba), Dr. Rene Andrade Machado (Univ. La Havana, Cuba), Dr. Silvia Kochen (Univ. Buenos Aires, Argentina)

EEG- technical aspects; EEG/Video-EEG in different types of epilepsy; characteristics of seizure semiology and neurophysiological findings- case discussions.

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