

Sandvika, March 6th, 2021

To the Chapters of ILAE-Europe,

Motivation letter
for the election of the Regional ILAE-Europe Committee members, 2021-25

Dear friends and colleagues,

By this, I would like to inform you that I am willing to run for the election for the board of ILAE-Europe for the next term, as a candidate from the Norwegian ILAE chapter.

I am a Professor of Pharmacology, Medical advisor and Head of the Pharmacology team at the National Center for Epilepsy in Norway. I have been focusing on personalized medicine in patients with epilepsy for the last 20 years through research and clinical work at our laboratory for Clinical Pharmacology and at the hospital. For the last five years I have been the Vice President of the Norwegian ILAE chapter, with the main responsibility of international affairs.

As part of the board of ILAE Europe, I would like to focus on the following important issues:

- I have always been dedicated to international and inter-professional collaborations for improved treatment of epilepsy in all parts of the world, and I would work to facilitate more collaboration on special patient groups and treatment options, e.g. through the ERN EpiCare-network and other research-based networks
- I have been involved in various international networks and educational teaching courses for many years as a Faculty member at the following: Eilat-Edu: Pharmacological treatment of epilepsy with Prof. Meir Bialer, BSSSE: Baltic Sea Summer School on Epilepsy with Prof. Peter Wolf and Epi-Ped: Course for pediatricians with Prof. Alexis Arzimanoglou. I have also been responsible for teaching courses and sessions at international conferences. Now I am involved in a pilot project for web-based tutorials as part of the ILAE Academy, as a new and exciting initiative to overcome covid-related barriers in networking and physical meetings. I will continue my work to support education and the involvement of ILAE for further educational approaches
- I work closely with increasing awareness of the patients' perspective on treatment and management of epilepsy where we have been engaged in Norway, and I would like to emphasize the important collaboration with the patient organizations through the IBE.

Your support is much appreciated!

Kind regards

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