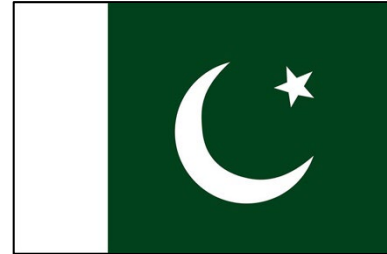


Epilepsy Association of Pakistan 2021-2022 Report

CHAPTER OFFICERS

Dr. Zarine Mogal
Dr. Hiba Mahmud
Dr. Syed Munawar Ali
Prof. Shaukat Ali
Prof. Syed Wasim Akhtar
Prof. Sardar Muhammad Alam



Officer Election Date: 2023

ACTIVITIES AND ACCOMPLISHMENTS

School Awareness Workshops

- Awareness Workshops for the Inner Wheel School, Karachi and Kiran Foundation were conducted. Students with their mothers, teachers and members of Inner Wheel Club attended the session. Each session lasted for about 2 hours. The interactive lecture addressed stigma, myths & misconception about epilepsy and epilepsy first aid.
- International Epilepsy Day
- The day was celebrated at National Epilepsy Centre, JPMC Karachi. Awareness activities with free consultation and provision of a month's ASM to all patients with epilepsy visiting the OPD.



Inner Wheel School Workshop

Epilepsy Awareness Documentary

- Paid telecast of epilepsy awareness documentary in Pushto was done twice a day at near peak hours for 30 days on Khyber TV, a regional satellite television channel for the Pushto-speaking population of the Pakistan and worldwide.
- Dr. Zarine Mogal appeared on Voice of America-Urdu in a health awareness session to talk about epilepsy in Pakistan and the efforts undertaken to change the nation's mindset towards epilepsy and people who suffer from it.

Educational Activities

- Two-day virtual ASEPA-ANZAN EEG Teaching Course was held on 20-21 November. Twenty Asia Epilepsy Academy (ASEPA) tutors/speakers tutored 40 participants that

included postgraduate neurology trainees and fresh graduates in small group focused training.

- A pre-conference workshop on epilepsy was held on request of the Pakistan Society of Neurology on 11 March 2022 in Islamabad.
- ILAE and International Bureau for Epilepsy Round Table Conference to discuss the Intersectoral Global Action Plan on Epilepsy and Other Neurological Disorders (IGAP)
 - On invitation of the ILAE President, Dr. Zarine Mogal showcased the sustained ongoing epilepsy-related activities since 2000 which have borne positive results especially in reduction of epilepsy treatment gap at a virtual roundtable meeting to discuss the draft IGAP. Pakistan's model and approach is easily replicable not only for epilepsy but other chronic neurological and medical conditions.
 - Over 160 people attended from 50 countries.

FUTURE PLANS FOR 2023

- Research and development post COVID in Pakistan
- In-patient Epilepsy Management Unit at Tertiary Hospital
- Public awareness and professional education in epilepsy

MEETINGS

Three meetings took place in 2021 and 2022.

Report submitted by Dr. Zarine Mogal