

KETO Workshop



GUJARAT CHAPTER

28th January, 2024

**VENUE:
WELCOMHOTEL BY ITC
ASHRAM ROAD, AHMEDABAD**

ILAE KETONE THERAPY IN EPILEPSY WORKSHOP

IN HYBRID MODE





28th January, 2024

AHMEDABAD, GUJARAT

**INDIAN DIETETIC ASSOCIATION,
GUJARAT CHAPTER AND CHILD NEUROLOGY GROUP, GUJARAT
WITH ILAE ORGANISES
ONE DAY WORKSHOP ON KETOGENIC DIET.**

Workshop highlights

***Great opportunity to learn
ketogenic diet***

**LEARN FROM A PERFECT BLEND OF
SENIOR NUTRITIONISTS AND
SENIOR NEUROLOGISTS**

***Available on
ONLINE &
OFFLINE DESK***

**SPECIAL FOCUS
FOR PEDIATRICIANS,
RESIDENTS AND DIETICIANS**

Programme Coordinators:

Dr. Janak Nathan

Dr. Harshuti Shah

Dr. Bhavana Vaid

Ms. Alka Sanghavi

**LIMITED SEATS FOR
OFFLINE WORKSHOP**

**AMPLE OPPORTUNITY
FOR ONLINE WORKSHOP**



28th January, 2024

AHMEDABAD, GUJARAT

Scientific Program

ILAE KETONE THERAPY IN EPILEPSY WORKSHOP

28th January, 2024, Sunday

Venue: Welcomhotel By ITC
Ashram Road, Ahmedabad

Program Chairperson:

Dr. Janak Nathan

TIME	TOPIC	SPEAKER
07:00 AM - 07:45 AM	Registration and Breakfast	
08:00 AM - 08:45 AM	Introduction & Mechanism of Action of Ketone Therapy in Epilepsy (45 mins) <ul style="list-style-type: none">Overview of Ketone Therapy and understanding its mechanism in managing epilepsy.	Dr. Janak Nathan
08:45 AM - 09:05 AM	Choice of Ketone Therapy (20 mins) <ul style="list-style-type: none">Understanding the criteria for selecting the appropriate Ketone Therapy	Ms. Alka Sanghavi
09:05 AM - 09:35 AM	Ketone Therapy in Infants and Children (30 mins) <ul style="list-style-type: none">Tailoring Ketone Therapy for the unique needs of infants and children.	Dr. Harshuti Shah Dr. Renu Singh
09:35 AM - 09:55 AM	Initiation of Ketone Therapy (20 mins) <ul style="list-style-type: none">Understanding the process of diet initiation in Ketone Therapy.	Ms. Vidula Rane
09:55 AM - 10:15 AM	Ketone Therapy in Adolescents and Adults (20 mins) <ul style="list-style-type: none">Adapting Ketone Therapy to suit the age-specific requirements of adolescents and adults.	Dr. Janak Nathan
10:15 AM - 10:45 AM	Side-effects and Monitoring in Ketone Therapy (30 mins) <ul style="list-style-type: none">Addressing potential side-effects and establishing effective monitoring strategies.	Dr. Anand Iyer
10:45 AM - 11:00 AM	Q & A Break	
11:00 AM - 11:45 AM	Ketone Therapy in Emergency Situations & Other Systemic Illnesses (45 mins) <ul style="list-style-type: none">Managing emergencies like Status, FIRES, NORSE, and exploring Ketone Therapy in conditions like GLUT1, PDH, and mitochondrial epilepsy.	Dr. Harshuti Shah



28th January, 2024

AHMEDABAD, GUJARAT

Scientific Program

ILAE KETONE THERAPY IN EPILEPSY WORKSHOP

28th January, 2024, Sunday

Venue: Welcomhotel By ITC
Ashram Road, Ahmedabad

Program Chairperson:

Dr. Janak Nathan

TIME	TOPIC	SPEAKER
11:45 AM - 12:15 PM	Autism and Epilepsy Interface- Role of Ketones (30 mins) <ul style="list-style-type: none">Examining the role of ketones and their mechanism in the context of Autism and Epilepsy.	Dr. Janak Nathan Ms. Sonal Bailur
12:15 PM - 01:00 PM	Classical Ketone Therapy - Calculation, Examples, and Experience (45 mins) <ul style="list-style-type: none">Delving into the calculations, providing examples, and sharing practical experiences with classical Ketone Therapy.	Ms. Sonal Bailur
01:00 PM - 01:30 PM	Lunch Break	
01:30 PM - 02:15 PM	Fine Tuning, Switching, and Weaning Diets (45 mins) <ul style="list-style-type: none">Strategies for fine-tuning, transitioning between diets, and effectively weaning off Ketone Therapy.	Ms. Sonal Bailur
02:15 PM - 02:45 PM	Tube Feeding, Blenderized Diet, and Parenteral Diet (30 mins) <ul style="list-style-type: none">Exploring alternative methods of delivering Ketone Therapy through tube feeding, blenderized diet, and parenteral routes.	Ms. Ritu Sudhakar
02:45 PM - 03:15 PM	Strategies to Improve Compliance in Delivery of Ketone Therapy (30 mins) <ul style="list-style-type: none">Discussing practical approaches to enhance compliance in the delivery of Ketone Therapy.	Ms. Ritu Sudhakar
03:15 PM - 03:30 PM	Case Reports in Ketone Therapy (15 mins) <ul style="list-style-type: none">Analyzing and discussing case reports highlighting two successful and one un-successful implementation and outcomes of Ketone Therapy.	Ms. Vidula Rane
03:30 PM - 04:00 PM	Q & A and Closing Remarks	All Speakers

Note: The schedule is subject to minor adjustments as needed during the workshop.

KETO Workshop

28th January, 2024
AHMEDABAD, GUJARAT

REGISTRATION FEES

IDA / IAPEN Members	INR 826	(INR 700 + 18% GST)
Non-Members / Doctors	INR 1,180	(INR 1,000 + 18% GST)
Students	INR 590	(INR 500 + 18% GST)
International Delegate	USD 10	(To cover audio-visual and broadcasting expenses)



CLICK HERE FOR REGISTRATION

Last Date for Registration: 24th January, 2024



GUJARAT CHAPTER



INTERNATIONAL
NEUROLOGICAL
KETOGENIC SOCIETY

For any query please contact:

Ms. Bhavana Vaid
+91 94288 89162

Ms. Alka Sanghavi
+91 98243 33215

Dr. Harshuti Shah
+91 98250 74703