

Categorization of sports by level of risk of injury or death, should a seizure occur

Group 1 – No significant additional risk to people with epilepsy or to bystanders	Group 2 – Moderate additional risk to people with epilepsy; no additional risk to bystanders	Group 3 – High risk for people with epilepsy; for some sports, additional risk to bystanders
Athletics other than sports listed under Group 2	Alpine (downhill) skiing	Aviation
Bowling	Archery	Climbing
Most collective contact sports (judo, wrestling)	Biathlon (shooting, cross-country skiing)	Diving
Curling	Triathlon (running, biking, swimming)	Horse racing
Most team sports taking place on grass or a court (baseball, basketball, cricket, field hockey, football, rugby, volleyball, etc.)	Canoeing	Motor sports
Nordic (cross-country) skiing	Modern pentathlon (fencing, swimming, horse riding, shooting, running)	Rodeo
Dancing	Collective contact sports involving potentially serious injury (i.e., boxing)	Parachuting
Golf	Cycling	Scuba diving
Racquet sports (squash, tennis, badminton, ping pong, etc.)	Fencing	Ski jumping
	Gymnastics	Solitary sailing
	Horse riding (i.e., Olympic equestrian events: dressage, show jumping)	Surfing and windsurfing
	Ice hockey	
	Shooting	
	Skateboarding	
	Skating	
	Snowboarding	
	Swimming	
	Waterskiing	
	Weightlifting	