

Symposium on ketogenic dietary therapies, Buenos Aires, Argentina, 2023

The Symposium on Ketogenic Dietary Therapies, supported by the ILAE Task Force on Ketogenic Dietary Therapies will take place on November 23 and 24th, 2023, at Hospital Pediatría Prof. JP Garrahan in Buenos Aires, Argentina. To reach a larger audience, the symposium will be a hybrid meeting, allowing attendees to join either in person or online.

The key objective of the Symposium is to provide an update on the new knowledge regarding KDTs for the members of the team involved in the treatment including neurologists, clinical nutritionists, pediatricians, dieticians, nurses, as well as the patients and their families.

Symposium Venue: Grand Auditorium, Hospital Pediatría JP Garrahan, Buenos Aires, Argentina

Please register here: <http://inscripciones.garrahan.edu.ar/actividades-educativas/view?id=3102&hash=23O033A5>

Duration: 1 day - 9:00 AM to 4:00 PM

Date: November 23 and 24th, 2023

Invited Speakers:

Prof John Rho, division chief of neurology at Rady Children's Hospital-San Diego and a professor of neurosciences and pediatrics at UC San Diego School of Medicine, San Diego, US

Dr. Elles van der Louw, KDT team Department of Internal Medicine, Erasmus MC, Rotterdam, The Netherlands

Ketogenic Diet Team from Hospital Pediatría Garrahan: Dr. Marisa Armeno, Dr. Roberto Caraballo, Dr. Gabriela Reyes Valenzuela.

Definitive Program:

Day 1: November 23 rd

Families-Epilepsy/GLUT1 patients

On this day, families and patients with epilepsy/GLUT1 syndrome are invited to participate and share their experiences supported by Matthew's Friends. 9am-13 pm

13 hs Keto lunch

Day 2: November 24

For those joining online:

<https://garrahan.zoom.us/j/85176967910>

Meeting ID: 851 7696 7910

Professionals

Morning Session - 9:00 AM to 12:00 PM

Opening of the Symposium - Introduction by Dr. Armeno and Dr. Caraballo 5 min

- Mechanisms of Action and Their Impact on Daily Practice by Prof. John Rho 45 min

Q&A 10 min

- Case report Epilepsy Neurology Dpt. 15 min

Q&A 10 min

Coffee break 15 min

- Guidelines for the Ketogenic Diet in Infants - Breastfeeding by Dr. Elles van der Louw 45 min.

Q&A 10 min

Experts round table

Lunch - break 12-13 hs

Afternoon Session - 1:00 PM to 4:00 PM

- Working Group Presentation. "35 years Experience in Ketogenic Diet Therapy in Epilepsy Htal Garrahan". 30 min by the Ketogenic Diet Team from Hospital Pediatría Garrahan: Dr. Armeno, Dr. Reyes Valenzuela, and Nutritionists

Q&A 10 min

- Metabolic Basis of Epilepsy: from basic science to clinical application by Prof John Rho 45 min

Q&As 10 min by Prof John Rho

- Case reports patients on KDT Tube Feedings, Solid Foods, Blended Diets Calculations by Dr. Elles van der Louw 45 min

Case report Dietitians - 15 min. Q&A 10 min

Symposium Closure -15.50 PM:

- Presentation of the book "Ketogenic Dietary Therapies for the Treatment of Epilepsy" by Dr. Marisa Armeno and Roberto Caraballo.