

Epilepsy unit Cairo university

Under the expert guidance of Prof. Nirmin Kishk, Prof. Reham Shamlol, and Prof. Amany Nawito, I completed a comprehensive training program at the Epilepsy Unit, Cairo University. This experience significantly enhanced my clinical, educational, and research skills in epilepsy management.

Clinical Activities

- Outpatient Epilepsy Clinic: Evaluated new patients, optimized treatment plans for established patients, and contributed to presurgical evaluations for drug-resistant epilepsy (DRE) cases.
- Epilepsy Monitoring Unit (EMU): Participated in patient care, electrode placement, video-EEG monitoring, and interpreting ictal events. I also wrote EEG reports and followed up with patients with Vagus nerve stimulators (VNS).
- Inpatient Ward and ICU: Managed patients with epilepsy emergencies, participated in grand rounds, and refined treatment strategies for complex cases.

Educational Engagements

- Attended a postgraduate epilepsy teaching course conducted by Cairo University Epilepsy Unit (CUEU) professors.
- Participated in the 5th Epilepsy Educational Course, organized by the International League Against Epilepsy (ILAE) and the Egyptian Society of Neurology in collaboration with CUEU, and presented a challenging DRE case.

Research Activities

- Contributed to ongoing research projects within the unit, deepening my understanding of current challenges and advancements in epilepsy care.

Acknowledgment

I'm grateful to the Cairo University Epilepsy Team for their exceptional support and guidance throughout my training. I also appreciate the opportunity provided by the ILAE-EMR to advance my skills and knowledge in epilepsy care.

This training experience has equipped me with advanced skills in epilepsy diagnosis, management, and research, enabling me to contribute more effectively to patient care.