

Training visit report

During my training visit to the Epilepsy Unit at Cairo university, my training was under the supervision of Prof. Nirmin Kishk (Professor of Neurology), Prof. Reham Shamlol (Professor of Neurology), and Prof. Amany Nawito (Professor of Clinical Neurophysiology), I participated in a variety of clinical, educational, and research activities, which significantly enhanced my knowledge and practical skills in epilepsy management.

Outpatient Epilepsy Clinic: I worked in the outpatient epilepsy clinic, evaluating patients during their first visits and following up with established patients to optimize their therapeutic regimens. I also contributed to presurgical evaluations for patients with drug-resistant epilepsy (DRE).

Epilepsy Monitoring Unit (EMU): In the EMU, I was actively involved in all aspects of patient care, from electrode placement to video-EEG monitoring and interpreting ictal events. I also wrote EEG reports and participated in the follow-up of patients with Vagus nerve stimulators (VNS)

Inpatient Ward and ICU: I managed patients admitted for presurgical evaluations and epilepsy emergencies, also I joined grand rounds to discuss complex cases and refine treatment strategies.

Epilepsy Surgery Conference: I attended weekly epilepsy surgery conferences for DRE patients, where I presented cases and contributed to multidisciplinary decision-making alongside surgeons, neurologists, Neurophysiologist, neuroradiologist and other specialists.

Research Activities: I participated in ongoing research activities within the unit, which deepened my understanding of current challenges and advancements in epilepsy care.

Educational Engagements: I attended a postgraduate epilepsy teaching course conducted by professors at the Kasr Al Ainy Epilepsy Unit (CUEU). Additionally, I participated in the 6th Epilepsy Educational Course held in Egypt, organized by the International League Against Epilepsy (ILAE) and the Egyptian Society of Neurology in collaboration with CUEU, where I presented a challenging case of DRE

Community Engagement: I contributed to epilepsy awareness activities in purple day to educate the public about the condition, aiming to reduce stigma and promote better understanding of epilepsy.

Acknowledgment:

I would like to extend my gratitude to the Cairo University Epilepsy Team for their exceptional support and guidance throughout my training. I am also deeply thankful to the ILAE-EMR for giving me this invaluable opportunity to advance my skills and knowledge in epilepsy care.

This comprehensive training experience, under the guidance of esteemed professors and the support of the CUEU team, has provided me with advanced skills in epilepsy diagnosis, management, and research, preparing me to contribute more effectively to the care of patients with epilepsy.

